

Healthy Ageing:  
**InterAction Plan**  
EHSSB Area, 2006-2009

MIDWAY REVIEW  
DECEMBER 2007



HEALTHY CITIES

**Belfast**

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## Introduction

In 2006 Belfast Healthy Cities produced a *Healthy Ageing InterAction Plan* (2006-2009). This outlined the rationale and action plan on how organisations working in the Eastern Health and Social Services Board (EHSSB) area aimed to address the wider determinants of health affecting older people's health and quality of life. Within the InterAction plan actions were outlined under seven themes: community support networks; health promotion/development; transport; home safety; housing; community safety and fuel poverty.

The InterAction plan was developed alongside the EHSSB's *Health and Wellbeing Strategy for Older People* which focused on four key themes: promotion of health and wellbeing; maximising of independence; development of long-term living options and better management of the needs of older people with dementia and mental health needs in old age.

The purpose of this document is to provide an update on progress half way through the lifespan of the InterAction plan on all the action outlined under the above themes. The information included in this mid way report was provided directly by the partners who contributed to the initial InterAction plan.

Much of the work has progressed amidst the challenges caused by the Review of Public Administration. Key actions include the development of an 'all party' political reference group for older people facilitated by Belfast City Council to aid debate at a political level within the city. A Healthy Ageing Strategic Intersectoral Group made up of senior professionals working across public and age sector organisations in Belfast has also been established to provide a vehicle for monitoring the delivery of actions outlined in the Healthy Ageing InterAction plan, and to agree common areas where organisations can develop joint programmes for older people. The Healthy Ageing Strategic Intersectoral Group will report to the all party political reference group to ensure the needs of older people living in Belfast are promoted within the political agenda.

Throughout the EHSSB a greater emphasis has been placed on meeting the needs of older people within all sectors, but work must be strengthened to ensure older people enjoy the highest quality of life obtainable.

# Community Support Networks Action

**Objective 1: To ensure that mechanisms are in place to build capacity, strengthen engagement and promote interagency action to meet the needs of older people**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<p><b>Older people's consortia</b></p> <ul style="list-style-type: none"> <li>Health and Social Care Trusts, established under the review of public administration, will configure older people's consortia to develop collaborative approaches as outlined in the EHSSB Older People's Health and Well-Being Strategy. This will provide an effective voice of older people within the setting of priorities and development of services. The consortia will not replace existing structures but will build on existing work. The multi-agency consortia will involve older people and other organisations, voluntary and statutory, that have a responsibility to deliver on older people's issues. Potential areas for focus include:               <ul style="list-style-type: none"> <li>Building strong networks of services which promote active ageing and prevent avoidable decline and which cover all aspects of the lives of older people. This should include the provision of good quality information and advice</li> <li>Accessing a range of funding opportunities</li> <li>Using targeted community development approaches to build increased capacity within older peoples networks. This may involve new ways of delivering social care.</li> <li>Sharing good practice and current/planned work</li> <li>Improving coordination and collaboration across sectors in relation to action for older people</li> <li>Supporting the focusing and shaping of resource to address needs and priorities</li> </ul> </li> </ul>	2007	Ongoing	Facilitator: Health and Social Care Trusts in partnership with Community, Statutory and Voluntary Partners.	Between Mar – Sep 07 a number of meetings have been held to gain commitment from partners to form a Strategic Intersectoral Healthy Ageing Group which would provide a joint & coordinated approach to improve the health and well being of older people in Belfast. The following partners have been part of this discussion: Belfast Healthy Cities, Belfast City Council, EHSSB, Belfast Trust, NIHE, Age Concern & Help the Aged. Representatives from these organisations including the Department for Regional Development and Engage with Age will initially form the members of the group. North and West Healthy Ageing Consortium will also be invited at a later stage.

<ul style="list-style-type: none"> <li>• Influencing Government policies which have an impact on older people</li> <li>• Sharing information on unmet need and explore action to address this</li> <li>• Influencing future planning of partner organisations</li> <li>• Contribute to community planning within Councils</li> </ul>				
<p><b><i>Integrated information for older people</i></b></p> <ul style="list-style-type: none"> <li>• Belfast Healthy Cities (BHC), Belfast City Council, the new Local Commissioning Group, Investing for Health partnership, and the new Belfast Health and Social Care Trust will explore the development of an integrated information demonstration project. Older people will be an integral part of the working group leading the design, monitoring and promotion of the project. The aim will be to produce visible pathways to enable older people to easily access information.</li> </ul> <p>The information provided will be useful for both older people and front line staff working with older people providing them with information to assist them signpost older people to other services where appropriate. A communication strategy will be developed as part of the project.</p>	Mar 07	Sep 08	BHC; Belfast City Council; Commissioning group; Health and Social Care Trusts; older people; community of interest groups	<p>Belfast Healthy Cities (BHC) has begun to develop a resource pack for professionals working with older people to enable them to signpost older people on to existing services and provide general information on a wide range of topics.</p> <p>The pack will be completed by June 08 and will include leaflets on home/community safety, housing, transport, health promotion, and fuel poverty. Belfast City Council (BCC) has agreed to maintain and update the information on a regular basis and make it available on their website. This will enable professionals to download copies of the leaflets and circulate to older people as required.</p>
<p><b><i>Lead Contacts</i></b></p> <ul style="list-style-type: none"> <li>• Belfast Healthy Cities will explore with Councils, Health and Social Care Trusts, Northern Ireland Housing Executive (NIHE) and other organisations the viability of identifying a lead contact person(s) with a remit for older people within their organisation</li> </ul>	2006	2007	BHC	Lead contact people within BCC, Belfast HSC Trust, and NIHE have been identified. Contact details can be obtained from the respective organisations or BHC.
<p><b><i>Elders Council</i></b></p> <ul style="list-style-type: none"> <li>• Belfast Healthy Cities will explore with Belfast City Council, the new Belfast Local Commissioning Group and key voluntary and community organisations the viability of developing an Elders Council which would enable older people to influence policy development and service delivery. This would be made up solely of older people.</li> </ul>	2006	2008	BHC; Belfast City Council; Voluntary and Community Sector and Older Peoples Fora	An older persons political reference group has been established within Belfast City Council to tackle issues relevant to older people. 6 councillors currently sit on this group. An Elders Council has not been established.

<p><b>Training</b></p> <ul style="list-style-type: none"> <li>Belfast Healthy Cities with Health and Social Care Trusts and members of Healthy Ageing working groups will develop and deliver a training programme for lead contact people for older people across sectors/agencies. This will build on existing training provided in some areas. This programme will include training on: <ul style="list-style-type: none"> <li>The wider determinants of health affecting older people</li> <li>Age awareness training</li> <li>Information on services available to older people on the issues of home safety, community safety, housing, transport, fuel poverty and health promotion. This training will provide participants with guidance in signposting older people to services within and outside their organisational remit where/if appropriate in order to provide holistic care for older people.</li> </ul> </li> </ul> <p>Organisations will be expected to commit to releasing key staff for this training and providing an opportunity for those trained to cascade the information provided at the training throughout their organisation</p>	Mar 07	Sep 08	BHC; Age Concern; Health and Social Care Trusts; Community of Interest groups; NIHE; Councils; Older people's consortia	BHC will develop and run a training programme in 2008.
<p><b>Supporting action to promote good practice</b></p> <ul style="list-style-type: none"> <li>Belfast Healthy Cities in partnership with other agencies will hold an annual older people's conference to provide a vehicle for sharing information and good practice across the EHSSB area</li> </ul>	2007	2008	BHC; Health and Social Care Trusts; Councils; IFH	Provisionally planned for June 08.
<ul style="list-style-type: none"> <li>Health Improvement Planning workshops, run yearly for local IfH partnerships, will help promote the sharing of information and good practice on older peoples issues</li> </ul>	2006	2008	EHSSB/ IFH managers	<p>The needs of older people are addressed though local Community of Interest Planning groups and the Health Improvement Planning mechanisms within each of the four Eastern Area Investing for Health (IfH) localities.</p> <p>In East Belfast, the East Belfast Partnership/East Belfast Community Development Agency have been funded by Investing for Health to take forward health</p>

				<p>improvement work through the EBCHiP Healthy Living Centre. The related East Belfast Health Strategy contains a theme of progressing health improvement for older people.</p> <p>Engage with Age has been recurrently funded by Investing for Health to take forward health improvement work with older people in South and East Belfast and Castlereagh. This programme of work is reported on in the annual Health Improvement Plan workshop.</p> <p>Within Down Lisburn Locality two pilot “Safe and Well” Projects have been established in the Dunmurry and Newcastle areas for a three year period 2006-2009. These projects provide a broad range of social support for older people such as befriending, assisted shopping, home maintenance, gardening, health education, home safety equipment etc. To date over 400 older people have availed of these services on an annual basis. The project is being rolled out into rural Lisburn in 2007 and into Downpatrick town. IfH fund the first three pilots and DSD Neighbourhood Renewal funds the latter.</p>
<ul style="list-style-type: none"> <li>Existing older people’s (OP) forums will continue to provide a vehicle for sharing information and good practice at a local level</li> </ul>	ongoing		OP forums/ HSC Trusts	<p>Within North Down &amp; Ards there are two very active Over 50’s Forums and an additional Seniors Forum in the Peninsula area. These groups hold a number of workshops/information and social activity days throughout the year. They also produce on a quarterly basis 10,000 copies of a local Over 50’s Newsletter.</p>

			<p>In the Down and Lisburn area, the network of 9 Community Health Development Workers funded through IfH engage on an ongoing basis with older people's groups in local communities. As a result of this work the needs identified are brought to service providers and commissioners and a broad range of health improvement programmes are delivered across a range of issues.</p> <p>IfH funded an Older Person's Community Health Development Worker (CHDW) for a three year project to engage with older people's groups and develop action to address their specific needs etc. This project was undertaken by Age Concern NI with support from Down Lisburn Trust. The project has been completed with outcomes such as Safe and Well, a fuel poverty programme and an ongoing programme of health improvement provided through the CHDW's and local partner organisations.</p> <p>The North &amp; West Belfast Healthy Ageing Consortium was established in mid 2006 and brings together community, voluntary and statutory sector representatives including North Belfast, West Belfast and Shankill Senior Citizens Forums. It has focused on a number of themes including addressing social isolation e.g. an advisory group of older men has organised a number of events targeting isolated older men, capacity-building with the focus on strengthening the Forums e.g. Shankill Senior Citizens Forum was launched in September 2007 and older persons groups have been successful in securing approx. £65,000 from a range of funders with VSB support, highlighting</p>
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				existing handyperson and gardening services for older persons and lobbying the social security agency in relation to improving benefit uptake campaigns for older persons.
<ul style="list-style-type: none"> <li>Wellnet, the EHSSB IfH website, will target older people's organisations with regard to adding details of their work onto the Wellnet site on an annual basis</li> </ul>	2006	annually	EHSSB/ IFH managers	<p>This process is ongoing throughout the EHSSB area.</p> <p>Within North Down and Ards, Age Concern is a very active member of the local Health Improvement Partnership and provide data on their activities on the Wellnet site.</p> <p>In the South and East Belfast and Castlereagh areas 'Engage with Age' are registered on the Wellnet site and have agreed through their SLA to input relevant information on older people to the site.</p>

# Health Promotion/Development Action

## Issue – Physical Activity

**Objective 1: To strengthen the promotion of physical activity opportunities tailored to older people**

### Background

The coordination of action on physical activity throughout the Eastern Health and Social Services Board area is currently driven by the Eastern Physical Activity Coordination Group (EPACG). This group was originally set up to drive forward the Physical Activity Strategy (DHSSPS, 1998). A wide range of organisations (statutory, voluntary and community) are currently represented on this group. The operational plan for this group currently has a range of activities for all ages from the very young to older people with limited mobility. Activities specifically for older people include dance activities, boccia, movement to music and walking events.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<p><b>EPACG Action</b> In line with the NI Physical Activity Strategy, EPACG will continue to target actions that will encourage and support the sedentary population to increase their levels of physical activity. In particular it will develop action specific to older people including action to:</p> <ul style="list-style-type: none"> <li>Raise awareness of the specific needs of older people in relation to active living with organisations and partners at regional, area and local levels who have the potential to influence and shape policies, strategies, programmes and resource</li> </ul>	2007	yearly	EHSSB/ EPACG – specific members: Health and Social Care Trusts; Chest Heart and Stroke; Age Concern; Active Living Group	A workshop was held for those working within the elderly care settings. Information on training opportunities and resources to promote physical activity were made available. EPACG hold regular meetings highlighting the physical activity needs of the local population including older people.
<ul style="list-style-type: none"> <li>Increase awareness and understanding of the potential health benefits of physical activity within the treatment and care pathway and continue to develop innovative programmes that link these agendas together in areas such as Falls Prevention, Mental Health Promotion etc</li> </ul>	2007	yearly	EPACG and members	The benefits of physical activity are being promoted within a wide range of programmes including falls prevention programmes, as keeping active is seen as a valuable contributor to preventing falls by improving balance and keeping muscles strong.

<ul style="list-style-type: none"> <li>• Review and develop where appropriate the current range of physical activity programmes and interventions in relation to their suitability for use with older people and evidence of their effectiveness <ul style="list-style-type: none"> <li>○ EPACG will take on the role of disseminating good practice and evaluations completed on projects focusing on physical activity with older people</li> </ul> </li> </ul>	2007	yearly	EPACG and members	Regular EPACG meetings have been arranged for Nov 07, Feb 08 as well as an annual workshop to showcase good practice and highlight gaps in service provision.
<ul style="list-style-type: none"> <li>• Promote and support the ongoing development of new and innovative interventions that will seek to increase physical activity amongst older people and maximise the opportunity for older people to participate in physical activity interventions</li> </ul>	2007	yearly	EPACG and members	<p>Following 2006/07 Boccia training sessions, a Boccia league has been established across the EHSSB area. Currently 6 clubs are competing and a tournament is planned for January 2008. At least 8 older peoples clubs regularly play Boccia across the EHSSB.</p> <p>The Walking Network is continuing to offer both training for new walk leaders, and planned walk events. These walk events offer older people the opportunity to engage in physical activity and interact socially.</p> <p>Chair based aerobics sessions are due to be delivered to elderly patients in both Belfast City and Mater hospitals during November and December 07.</p> <p>10 Movement Training courses (level 1, 2 and 3) are planned across the EHSSB on mobility training for leaders who work with the elderly.</p> <p>A range of training/activity programmes specifically designed for older people is to be delivered based on identified need within Ballynahinch and Lisburn areas addressing Boccia and Armchair Aerobics.</p> <p>Tournament for the group in the North Down and Ards area who have been trained and are using Boccia and support of Chronic</p>

				Obstructive Pulmonary Disease (COPD) rehabilitation through providing chair-based activity.
<ul style="list-style-type: none"> <li>• Maintain and develop mechanisms that will ensure the sharing of information and knowledge of evidence based practice across the area in relation to physical activity and older people. <ul style="list-style-type: none"> <li>○ Belfast Healthy Cities will present the older peoples profile developed April 2006 to partner organisations to raise awareness of older peoples issues with an aim to influencing corporate plans for future years</li> </ul> </li> </ul>	2007	yearly	EPACG /BHC	<p>Regular EPACG meetings offer the opportunity for information and knowledge sharing.</p> <p>The Older Peoples profiles for the EHSSB and Belfast areas were launched and circulated to partners in May 2006.</p>
<p><b>Additional Action</b></p> <ul style="list-style-type: none"> <li>• Health and Social Care Trusts will work with Councils to develop a baseline of information in relation to numbers of older people participating in physical activity events/programmes and their pattern of use of services within leisure centres. EPACG will have a role in collating this information for the EHSSB area with the aim of identifying gaps</li> </ul>	2006	2008	Health and Social Care Trusts; Councils	BHC will liaise with partner organisations in 2008 regarding this action point. WHO requirements will be incorporated into this work.
<ul style="list-style-type: none"> <li>• Age Concern NI through the Actively Ageing Well project will develop and distribute fact sheets on physical activity and older people as well as making them available online through the Age Concern NI website</li> </ul>	2006	ongoing	Age Concern NI	6 factsheets were produced and circulated June 07. Topics included: The importance of being active; Links between physical activity (PA) and mental health and wellbeing; PA and the prevention of falls among older people; The effectiveness of PA interventions for older people; Overcoming the barriers to participation; How the leisure industry can promote PA with older people.

## Issue – Nutrition

**Objective 2: To promote the development and improve awareness of the nutritional needs of older people**

### Background

Within the EHSSB a Food and Nutrition group has been established by the Primary Care and Health Promotion Strategic Planning Group (SPG) to, among other things, discuss action to take forward the “Fit Futures” strategy (DHSSPS, 2005) which focuses heavily on tackling obesity in children.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>The EHSSB Food and Nutrition group will consider the specific nutritional needs of older people and the development of programmes when allocating new funding</li> </ul>	2007	ongoing	EHSSB Food and Nutrition group, Health and Social Care Trusts and Dieticians	The Fit Futures/Nutrition Group have supported the development of fruit schemes specifically for older people in South and East Belfast in 2006 and Down and Lisburn area in 2007.
<p>The EHSSB in partnership with Health and Social Care Trusts will:</p> <ul style="list-style-type: none"> <li>Investigate the viability of further developing the "Cook It" project for older people across the EHSSB area</li> </ul>	2006	ongoing	EHSSB/ Health and Social Care Trusts	The “Cook It” project was mainstreamed in 2007 with funding from the EHSSB.
<ul style="list-style-type: none"> <li>Raise awareness of the nutritional needs of older people by commissioning yearly nutritional updates for statutory and voluntary sector staff working with the elderly</li> </ul>	2006	ongoing	EHSSB/ Health and Social Care Trusts	New nutritional guidelines were published and distributed in 2006/07. Update sessions were provided for staff working in residential care homes.
<ul style="list-style-type: none"> <li>Work with the Food Standards Agency to achieve greater collaboration on future work</li> </ul>	2006	ongoing	EHSSB/ Health and Social Care Trusts	There is on going liaison with the Food Standards Agency to improve food and nutrition markings.
<ul style="list-style-type: none"> <li>Support the implementation of the reviewed guidelines on nutrition for older people in residential care</li> </ul>	2006	ongoing	EHSSB/ Health and Social Care Trusts	The reviewed guidelines on nutrition have become part of the Regulation and Quality Improvement Agency quality standards for residential homes.

<ul style="list-style-type: none"> <li>Promote and share good practice in relation to food and nutrition for older people</li> </ul>	2006	ongoing	EHSSB/ Health and Social Care Trusts	A workshop was held in 2006 to disseminate good practice.
<ul style="list-style-type: none"> <li>Promote the ongoing development and implementation of new and innovative programmes at a local level</li> </ul>	2006	ongoing	EHSSB/ Health and Social Care Trusts	<p>“Go Bananas” initiative, run by Engage with Age in South and East Belfast, supplied fresh fruit and vegetables to 8 older people’s groups (219 people). Healthy eating and nutrition literature was supplied as well as visits from the community dietician providing interactive talks.</p> <p>The restructuring under the Review of Public Administration will give the opportunity to reemphasis health promotion messages within the elderly directorate within the HSC Trusts. Greater linkages are being made between diet and physical activity.</p>

## Issue – Smoking

### Objective 3: To strengthen the support provided to older people to stop smoking

#### Background

The Tobacco Control Group is responsible for coordinating activity on smoking within the EHSSB area. Its role is to implement the Five Year Tobacco Action Plan (DHSSPS, 2003). Unfortunately older people are not identified as a target group within this regional strategy.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>The EHSSB Tobacco Control Group will incorporate actions targeted at older people within socio-economically disadvantaged groups/ areas in their yearly action plan</li> </ul>	2007	yearly	All action: Tobacco Control Group (TCG)/ EHSSB/ HSCT's	The EHSSB provides smoking cessation across all age groups and most particularly disadvantaged groups, which include elderly people. 5,295 patients availed of the smoking cessation service in 2006/07. 1589 of the patients were 45-59, with 910 patients 60+-. Across all age groups the average quit rate was 49.6%. The highest quit rate (55.8%) was amongst smokers aged 60+ followed by the 45-59 year olds (51.1%).
<ul style="list-style-type: none"> <li>The EHSSB and the Health and Social Care Trusts within the area will provide support to implement and establish smoke free policies</li> </ul>	ongoing	April 30 <sup>th</sup> 2007	EHSSB HSCT's	This work is ongoing. The introduction of the new legislation on smoking in enclosed public places has facilitated this work.
<ul style="list-style-type: none"> <li>Leaflets on smoking will be distributed widely to older peoples groups</li> </ul>	2006	ongoing	EHSSB/HSCT's	The EHSSB and HSC Trust worked with Age Concern during 2005/06 in conjunction with the community grants scheme to distribute health promotion leaflets "It's never too late to stop" to older people's groups.
<ul style="list-style-type: none"> <li>Awareness raising sessions about smoking will be made available to older peoples groups</li> </ul>	2006	ongoing	HSCT's	All awareness raising sessions were open for older people to avail of.

<ul style="list-style-type: none"> <li>Information on the community grants programme will continue to be circulated to older peoples groups or will be publicly advertised (this grant money aims to help groups set up smoking cessation events/ programmes)</li> </ul>	ongoing	March 31 <sup>st</sup> 2007	EHSSB	In 2006/07 information was made available to older people's groups via HSC Trusts. No group submitted a proposal. Community grants are no longer part of the Tobacco Action Plan.
<ul style="list-style-type: none"> <li>As part of the EHSSB Central Service the Ulster Cancer Foundation set up smoking cessation services lasting 6-12 weeks in community settings. A smoking cessation service will be delivered for identified older people's groups on demand</li> </ul>	ongoing	yearly	Ulster Cancer Foundation	No older people's groups requested this service.

## Issue – Alcohol

### Objective 4: To identify good practice and develop action which will address the needs of older people in relation to alcohol misuse

#### Background

Currently the Eastern Drug and Alcohol Coordination Team (EDACT) are the main group for coordinating activity on alcohol misuse in the EHSSB area in line with the regional strategy, *New Strategic Direction for Alcohol and Drugs, 2006-2011 – Draft Strategy* (DHSSPS, 2006). The draft regional strategy prioritises reducing drug misuse amongst young people and has identified "targeting those at risk and vulnerable" as a key priority needing to be addressed. "Older people dependent on alcohol and /or drugs" is one of those groups identified within this key priority.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>The EDACT group will explore how best to meet the needs of vulnerable people including the elderly within future work and the development of programmes when allocating new funding</li> </ul>	2006	2008	Eastern Drug and Alcohol Coordination Team, EHSSB	<p>Funding was awarded in September 06 to Northern Ireland Community Addiction Service (NICAS) for a Domiciliary Outreach Service for Older People. The project is currently being assessed as to whether it will be extended beyond March 08 for a further one year.</p> <p>In August 07 EDACT awarded a tender to investigate the level of drug and alcohol use among a range of adult vulnerable groups. It is expected that older people will be one of the groups examined. The work will be completed by March 08.</p>

## Issue – Health Checks

### Objective 5: To develop health check schemes which will support screening and preventive action for older people

#### Background

Basic health check clinics for everyone over 75 years used to be carried out by general practitioners (GP). Since the new GP contract was introduced in 2004 these general clinics stopped – instead clinics are now more disease focused rather than age focused. The GP unit within the EHSSB have responsibility for supporting work within general practice and monitoring GP activity. Statistical evidence gathered by the GP unit shows that disease orientated clinics have been effective in getting people of all ages (not just over 75 yrs) to attend the GP and have a general health review at the same time.

There is a feeling however within Health and Social Care Trusts that health checks are only one element of a wider range of innovations and approaches that are part of prevention and health development process undertaken in the community outside of primary care, and therefore should still be considered as part of a more holistic approach.

In 2005/06 South and East Belfast HSC Trust piloted a programme where lay health workers undertook training which enabled them to use a health screening questionnaire and take blood pressures at community run health fairs. This enabled the lay health workers to identify people for a further assessment at nursing assessment clinics. One of the concepts tested in the S&E pilot was case-finding people either suffering from, or with the potential to develop, long term illness. The ability of Lay Health Workers to carry out health checks, using a specially designed Health Screening Tool, was pivotal in this pathway.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>South and East Belfast HSC Trust will disseminate the evaluation report '<i>Primary Care Integrated Nursing Model Project</i>', one of the eight pilot projects commissioned by the Nursing and Midwifery Advisory group</li> </ul>	May 06	Sep 06	S+E Belfast Health and Social Care Trust	The report was disseminated by the Nursing and Midwifery Group. It is available on the DHSSPS website at <a href="http://www.dhsspsni.gov.uk">www.dhsspsni.gov.uk</a>
<ul style="list-style-type: none"> <li>Health and Social Care Trusts and other relevant organisations will explore a range of models for offering accessible health checks to older people within a community setting                             <ul style="list-style-type: none"> <li>Health and Social Care Trusts and other relevant organisations will develop systems to monitor the impact of the health checks and will evaluate the models developed for offering health checks</li> </ul> </li> </ul>	2006	Ongoing	All Health and Social Care Trusts in the EHSSB area	Within the Belfast HSC Trust a number of models offering health checks have been explored. The Health Promotion Consortium have linked with the "Men to Men" project to provide health checks for local men and the evaluation has been positive. In addition a number of other groups have utilised Men to Men and Chest Heart & Stroke Association for health fairs, although expansion of such opportunities is restricted by finance.

				Within the South and East locality the community development department have linked with “Wise Men from the East” project and Belfast HSC Trust Nursing staff to explore and develop accessible health checks.
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**Issue – Understanding medicines and your health**

**Objective 6: To ensure that older people are informed and supported to manage their medicine**

**Background**  
 Currently the EHSSB coordinate the delivery of a *Managing Your Medicines* service which involves training pharmacists in the community to assess peoples medication and give advice on issues such as storage and disposal, compliance, disease management, health promotion, improving knowledge of medication, adverse drug effects, over the counter medicines and when and how to take medication. 40% of pharmacists in the community have been trained to perform this assessment.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
Through the <i>Managing Your Medicines</i> service, the EHSSB will: <ul style="list-style-type: none"> <li>Increase the number of pharmacists trained in the community to deliver <i>the Managing Your Medicines</i> service from 40% of pharmacists currently trained to at least 50%</li> </ul>	2006	2008	EHSSB	Progress is ongoing. The number of pharmacies holding a contract with EHSSB to deliver the service has increased and now stands at 45% of all the pharmacies in EHSSB area.
<ul style="list-style-type: none"> <li>Review the service to enable the level of service offered to be tailored to an individual's need. This would involve developing and introducing a stepwise progression with the initial step looking predominantly at compliance issues and progressing through to a full medication review service</li> </ul>	2006	2008	EHSSB	A regional review of the <i>Managing Your Medicines</i> service is currently ongoing. In the EHSSB area a pilot project looking at the different levels of a medicines management service has been completed and evaluated. This showed that a stepwise progression of a medicines management service was feasible. Work is under way to develop this further.

<ul style="list-style-type: none"> <li>• Increase awareness of the service by disseminating information through a variety of mechanisms including: <ul style="list-style-type: none"> <li>• Presentations to older people's groups</li> <li>• Leaflet/poster distribution through partner organisations, pharmacies and GP's</li> </ul> </li> </ul>	2006	2008	EHSSB	Currently ongoing.
<ul style="list-style-type: none"> <li>• Provide Health and Social Care Trusts and voluntary organisations with information on the list of community pharmacists trained to deliver this service as well as information on eligibility and referral pathways, in order to encourage an increase in referrals</li> </ul>	2006	2008	EHSSB	Currently ongoing.
<ul style="list-style-type: none"> <li>• Widen the criteria for eligibility to the service e.g. offering the service to patients with any medical condition rather than limiting provision to those with cardiovascular disease and increasing eligibility by reducing the number of prescribed medicines from 6 to 4</li> </ul>	2006	2008	EHSSB	The criteria for eligibility have been widened to include other diseases and therapeutic areas depending on the pharmacist's competence. Further increases in eligibility are being considered in the regional review of the service.
<ul style="list-style-type: none"> <li>• Work with Falls Assessors or the health promotion/development team within Health and Social Care Trusts to develop a medicine management service to help prevent falls with at risk groups</li> </ul>	2006	2008	EHSSB	Work in this area has been undertaken and further work is planned.
<p><b>Health and Social Care Trust role</b></p> <ul style="list-style-type: none"> <li>• Health and Social Care Trusts will disseminate information regarding the <i>Managing Your Medicines</i> service to the public and appropriate professionals</li> </ul>	2006	2008	Health and Social Care Trusts	Planned for 2008.
<ul style="list-style-type: none"> <li>• Health and Social Care Trusts will develop a referral process for older people with medication management problems to pharmacists trained to provide this service</li> </ul>	2006	Ongoing	Health and Social Care Trusts	In North and West Belfast local community pharmacies are working with community groups to address issue of education and medicine with older people.
<ul style="list-style-type: none"> <li>• A number of bodies including the EHSSB, Health and Social Care Trusts, Local Health and Social Care Groups and other organisations are currently working together with the aim of developing a coordinated medicines management strategy for vulnerable groups of patients including the elderly.</li> </ul>	2006	2008	EHSSB/ Health and Social Care Trusts/ LHSCG's	A co-ordinated medicines management strategy for vulnerable groups of patients including older people is being taken forward at regional level

## Issue – Mental Health Promotion

**Objective 7: To promote action to tackle the issues of mild depression and loneliness amongst older people**

### Background

Mental health and mental health promotion are key elements within the EHSSB Older Peoples Health and Wellbeing strategy. Intersectoral Community of Interest groups on mental health have been set up within each of the IfH Eastern Area Partnership areas to address the issue of mental health promotion.

It is recognised that a range of actions outlined under the other themes in this document will have an effect on mental health and emotional well-being of older people. For instance, plans to develop befriending and intergenerational projects outlined in the community safety action plan will have a significant impact on reducing loneliness amongst older people.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
Each community of interest group on mental health promotion will: <ul style="list-style-type: none"> <li>Explore the development of a demonstration project to reduce loneliness and isolation amongst older people</li> </ul>	2007	Ongoing	IfH Community of interest groups on mental health	Not achieved as yet.
<ul style="list-style-type: none"> <li>Improve awareness and understanding of the specific mental and emotional needs of older people</li> </ul>	2007	Ongoing	IfH Community of interest (COI) groups on mental health	<p><b>North Down &amp; Ards area</b>            Within the North Down &amp; Ards area there are two Over 50's Fora which are excellent platforms for improving awareness of the specific Mental Health needs of older people. There is also a very active Seniors Forum in the Peninsula area of Ards supported by East Down Rural Community Network.</p> <p>The local Community of Interest (COI) also addresses this issue at the COI meetings and members take information provided back to their own local statutory, voluntary and community organisations.</p> <p><b>South and East Belfast</b>            Within South and East Belfast and Castlereagh 'Engage with Age' (EWA) are</p>

				<p>recurrently funded by Investing for Health. The core focus of the Project is to increase opportunities for isolated older people. EWA in 2007 undertook programmes aimed at older carers. Part of this programme focussed on enhancing the understanding of mental and emotional needs of older carers. The evaluation showed that participants found this was successful.</p>
<ul style="list-style-type: none"> <li>Coordinate information dissemination on a range of innovative community based approaches to address these needs and priorities</li> </ul>	2007	Ongoing	IfH Community of interest groups on mental health	<p><b>North Down &amp; Ards area</b>  This subject is addressed via information/ awareness days and articles in the local Over 50's Newsletters which are circulated to around 10,000 people in the local area. Joint working with the local Community Safety Partnerships has resulted in a local "Good Morning" scheme in the North Down area. Other programmes include the Age Concern "Support for Seniors" programme which has been delivered in the six identified disadvantaged areas of North Down and the SHIPshape programme, facilitated by the local Community Development &amp; Health Worker, which features input from the Community Pharmacist.</p> <p><b>South and East Belfast</b>  Within South and East Belfast and Castlereagh 'Engage with Age' ensured that 90 people attended the launch of the 'Good practice in partnership working' work with the older people's 'Bingo and beyond' group. 350 copies were distributed. 60 younger and older people locally have also been involved in an intergenerational project and a further 80 older people involved is disseminating information on community safety.</p>

<ul style="list-style-type: none"> <li>Promote information on the availability and accessibility of self help and support groups by older people within the community</li> </ul>	2007	Ongoing	IfH Community of Interest groups on mental health	<p><b>North Down &amp; Ards area</b> There has been substantial involvement by a range of local seniors groups and individuals at events organised by the Over 50's Fora. Local community support groups are promoted in the Over 50's newsletters, individuals are invited to attend, active promotion takes place by the local Community Development and Health Workers.</p> <p><b>South and East Belfast</b> In South and East Belfast and Castlereagh 360 people are informed through a mailing of 'Dates for your diary' on health/social activities thus building on the local infrastructure of older people's groups.</p>
<ul style="list-style-type: none"> <li>Review models of good practice that tackle mild depression and loneliness amongst older people and share this information amongst partners within the EHSSB wide community of interest group on mental health</li> </ul>	2007	Ongoing	IfH Community of Interest groups on mental health	<p><b>North Down &amp; Ards area</b> The Over 50's Forum has proven to be a very successful local initiative in engaging a wide range of older people across the two Boroughs, providing them with opportunities for social contact, networking and information gathering on a wide range of issues from water charges to tea dances.</p> <p><b>South and East Belfast</b> South and East Belfast and Castlereagh Mental Health Promotion Community of Interest are working with South East College to ensure that a City and Guilds 'Mental Health Promotion with Older People' course can be delivered from Winter 2007.</p>

# Transport Action Plan

## Objective 1: To improve coordination of transport services across the EHSSB area

Actions	Time-scale Start Finish		Lead Agency	Update on progress Sep 07
<p>Establish an intersectoral forum <b>in the Eastern area</b> on transport.</p> <p>The main role of this forum will be to facilitate and monitor the implementation of the healthy ageing transport action plan which includes action:</p> <ul style="list-style-type: none"> <li>• To improve coordination of transport services across the EHSSB area</li> <li>• To raise the confidence of older people to use public transport</li> <li>• To increase and improve opportunities for older people to use the concessionary travel scheme</li> <li>• To improve the travel opportunities for older people to access essential services</li> <li>• To improve the confidence of older drivers</li> <li>• To ensure information on transport services is accessible, easily understood and tailored to those with special needs</li> </ul> <p>At meetings of the forum, members will be given the opportunity to share information/ examples of good practice and current and planned work of their organisation.</p>	Apr 06	Mar 09	<p><b>Lead: BHC</b></p> <p><b>Partners:</b> DRD, translink, community transport partnerships; Community Transport Association (CTA), HSC Trust transport (community and hospital), Shop mobility, elderly services units in HSC Trusts, age sector organisations; DHSSPS (public safety unit); Investing for Health; BHC; OFMDFM</p>	<p>The transport forum was established in April 2006 and has met regularly to facilitate and monitor the implementation of the action plan.</p> <p>An update on action is highlighted under objectives 2 to 6.</p>

**Objective 2: To raise the confidence of older people to use public transport**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>• Develop and pilot a 'buddying' scheme to help particular older people make use of public transport (to be piloted in a rural and urban setting). This will include:               <ul style="list-style-type: none"> <li>• Establishing what existing 'buddying' schemes run in NI/UK</li> <li>• Identifying older people who would benefit from a 'buddying scheme</li> <li>• Assessing the viability of churches/voluntary organisations getting involved in the buddying scheme</li> <li>• Examining what incentives could be offered to volunteers to take on the role of "buddy"</li> <li>• Facilitating the use of travel diaries pre and post buddying scheme with older people taking part in the pilots. This will include questions on: how often they currently travel on public transport; when and where do they want to travel; problems encountered with accessing transport; issues relating to fear of crime; general health and well being questions; barriers to using public transport; views on the quality of transport</li> </ul> </li> <li>• Review the results of the pilot schemes and assess if this could be rolled out to other areas</li> <li>• Feedback the results of the travel diaries in the buddying scheme pilots to the Inclusive Mobility Transport Advisory Committee (IMTAC). This committee is the main source of independent advice to service providers and departments on all transport matters that affect the mobility of older people.</li> </ul>	June 06	June 07	<p>Tendering process to be undertaken to establish lead agency(s)</p> <p>Transport forum to monitor progress on the buddying pilots</p>	<p>VSB were awarded the contract to pilot the buddying scheme in North and West Belfast and the Ards Peninsula. The pilot began in June 06 and initial funding was granted to June 07. This has been extended to Mar 08. Referrals for the pilot scheme were gained from a wide variety of sources including health and social services.</p> <p>Volunteers were offered training, travel expenses and thank you events for taking part in the pilot scheme.</p> <p>Travel diaries were encouraged and the results of these were included in an evaluation report (see below).</p>
	June 07		Transport forum	An evaluation has been carried out on the pilot scheme for the first year (June 06 – June 07) and a report submitted to the transport forum and DRD.
	June 07		Transport forum	The Pilot programme has been extended until March 2008 and the geographical area extended to include Dunmurry and Lisburn. In these areas it is targeted at older people who have registered for the Door-2-Door scheme but who are not currently using it.

<ul style="list-style-type: none"> <li>Buddy training and driver training such as passenger assistance training will be offered through local Community Transport partnerships</li> </ul>	Sep 06	Ongoing	<i>CTA, Translink, Shopmobility</i>	Driver training was offered to volunteers. The training is currently being reviewed to be inclusive of other forms of transport.
<ul style="list-style-type: none"> <li>Trial off peak runs targeted solely at over 50s – accessible buses, train carriages with buddy on board</li> </ul>	Sep 06	Dec 07	<i>Translink / DRD</i>	Not achieved.

**Objective 3: To increase and improve opportunities for older people to use the concessionary travel scheme**

<b>Actions</b>	<b>Time-scale Start Finish</b>		<b>Lead Agency</b>	<b>Update on progress Sep 07</b>
<ul style="list-style-type: none"> <li>Carry out a review of the Northern Ireland Concessionary Fares Scheme. This will include research into: <ul style="list-style-type: none"> <li>The trends in the uptake and usage of concessionary travel by senior citizens</li> <li>The reasons why some senior citizens do not avail of concessionary travel</li> <li>The information and literature provided to assist customers</li> <li>The operation of other Schemes in the UK and Republic of Ireland</li> </ul> </li> </ul> <p>An analysis of potential changes that could be made to the Scheme.</p>	2006	2007	DRD	<p>The review looked at the uptake of the SmartPass and usage. It did not collect quantitative or qualitative data from existing or potential customers. Some of the results of the review include:</p> <ul style="list-style-type: none"> <li>The senior SmartPass constitutes 93% of all SmartPasses issued</li> <li>Blind SmartPass holders made the most journeys on average in 2005-06</li> <li>Average usage of the senior SmartPass was lower than half fare SmartPasses</li> <li>A higher proportion of Smartpass holders are women (56%)</li> <li>There is a significant geographical split take up of Senior SmartPasses and average usage of all SmartPasses across Local Government Districts in Northern Ireland. Predominantly eastern areas of Northern Ireland and urban areas (including Belfast and Derry Local Government Districts) have higher levels of both take up and average</li> </ul>

				<p>usage. Central and western areas have lower levels. This is likely to be because public transport services are more frequent and convenient in the areas with high take up and usage.</p> <p>The review concluded that it had not been possible to determine if the scheme achieved its aim of combating social exclusion.</p> <p><i>It is unfortunate that the review did not formally engage with the age sector and older people when assessing its impact or the advantages/problems with the SmartPass. This concern was raised by members of the transport forum.</i></p>
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**Objective 4: To improve the travel opportunities for older people to access essential services**

Actions	Time-scale Start Finish		Lead Agency	Update on progress Sep 07
<p>The transport forum will review the results of a number of pilot schemes/service reviews and prepare reports making recommendations for the improvement of services and travel opportunities for older people. These reports will be shared with a wider audience throughout the statutory, voluntary and community sector. The following schemes/reviews will be considered:</p> <ul style="list-style-type: none"> <li>• The review of Ulsterbus services which is being carried out by Translink</li> <li>• The demand responsive transport pilots supported by the Department for Regional Development (DRD) and outlined within the Accessible Transport Strategy and Regional Transport Strategy</li> <li>• The review of the concessionary fare scheme currently being undertaken by DRD</li> <li>• The review of the provision of transport services for patients/clients attending health and social care facilities currently being carried out by DHSSPS. This will involve: <ul style="list-style-type: none"> <li>• Looking at access by patients or clients attending HPSS facilities to transport provided by HSC Trusts or the NI Ambulance Service</li> <li>• Looking at the recommendations of the Review in relation to travel by older people to HPSS facilities.</li> <li>• Examining the extent of use of HPSS transport within the EHSSB area by voluntary and community organisations at the weekend</li> </ul> </li> </ul>	2006	Ongoing	Transport forum	<p>Results of these reviews have been presented to forum members and circulated with the minutes from forum meetings.</p> <p>Belfast Healthy Cities plans to develop a policy briefing paper on older people and transport (planned for May 08). The paper will consider the fornamed reviews as well as assess transport plans to identify if transport and spatial planning support the physical and social needs of older people and promote independent and socially inclusive living.</p>

<ul style="list-style-type: none"> <li>The transport forum will review the work currently being carried out on the hospital travel cost scheme within the Western Health Board area by the Health Action Zone, and assess how this learning can be transferred to the EHSSB area</li> </ul>	2006	2007	Transport forum	A presentation was given by the Western HSS Board at transport forum meeting in April 07. The WHSSB are developing a series of transport leaflets which will include information on the hospital travel cost scheme. This ties in with the leaflets being developed by Belfast Healthy Cities (see objective 6).
<ul style="list-style-type: none"> <li>The transport forum will promote the availability and distribute information on the hospital travel cost scheme including eligibility for this scheme</li> </ul>	2006	Ongoing	Transport forum	Eligibility criteria for the hospital travel cost scheme will be included in the transport leaflets being produced by BHC.
<ul style="list-style-type: none"> <li>Shopmobility and Translink will explore the opportunity to link travel points with shop mobility through contact points in bus stations</li> </ul>	2006	2007	Shopmobility/Translink	From May 2006 wheelchairs, motorised scooters and electric wheelchairs are available for free daily hire from the Europa Buscentre and Great Victoria Street Rail Centre.

**Objective 5: To improve the confidence of older drivers**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>Complete a mapping exercise of driving confidence schemes run in NI/UK. Also assess the number of older people (aged 60-74, and 75+) who continue to drive in NI and the geographical spread of these drivers</li> </ul>	Sep 06	June 07	Transport forum/ BHC	Belfast Healthy Cities have completed a review of driving confidence schemes and statistics relating to driving as well as recommendations for action. This information was presented to the transport forum in September 07. The report is available on BHC website.
<ul style="list-style-type: none"> <li>Based on the above mapping exercise the transport forum will consider the need and feasibility for establishing a driving confidence programme for older people.</li> </ul>	June 07		Transport forum	Overall the group felt that setting up such a scheme was outside the remit of the group and rather the responsibility of DOE. In light of this it was agreed that the mapping exercise report would be sent to DOE.

**Objective 6: To ensure information on transport services is accessible; easily understood and tailored to those with special needs**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>Belfast Healthy Cities will develop a training programme for key staff working with older people. This will include training on transport services available as well as other topics such as community/home safety, fuel poverty, housing, and health promotion. The transport forum will contribute to the development of the transport section of the training</li> </ul>	Mar 07	Sep 08	BHC/ transport forum	To be developed/delivered in 2008.
<ul style="list-style-type: none"> <li>Belfast Healthy Cities (BHC), Belfast City Council, the new Belfast Commissioning Body, Investing for Health partnership, the new Belfast Health and Social Care Trust and older people will explore the development of an integrated information demonstration project. The transport forum will contribute to the transport information aspect of this work</li> </ul>	Mar 07	Sep 08	BHC/Transport forum	Information leaflets on "Transport opportunities for older people living in Belfast" have been developed by Belfast Healthy Cities. These leaflets will form one section of a wider resource pack for older people planned for completion June 08.
<ul style="list-style-type: none"> <li>DRD in partnership with Translink and Community Transport Association will conduct a public information campaign at a local level</li> </ul>	2006	2007	DRD/Translink/DRD	This will be taken forward in the new Accessible Transport Strategy (ATS) Action Plan which issues for consultation in November 2007.
<ul style="list-style-type: none"> <li>Shopmobility NI will distribute information leaflets on passenger transport services within shopmobility offices. These leaflets will be provided by Translink and the Community Transport Association</li> </ul>	2006	Ongoing	Shopmobility/ Translink/ CTA	Shopmobility Belfast signpost their members on to Translink services and will assist members in finding information on timetables and so forth.
<ul style="list-style-type: none"> <li>DRD will develop a "one stop shop" website providing information on transport (proposed in the ATS)</li> </ul>	2006	2008	DRD	This will be taken forward in the new ATS Action Plan which issues for consultation in November 2007.
<ul style="list-style-type: none"> <li>Health and Social Care Trusts will be encouraged to place public and community transport information weblinks on their websites</li> </ul>	2006		BHC	Due to RPA and formation of new Health and Social Care Trusts, discussion on weblinks has been delayed until the resource pack for older people is completed (June 08).

# Home Safety Action Plan

**Objective 1: To develop mechanisms to support policy and strategy implementation**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>The Eastern Area Investing for Health Managers together with Belfast City Council will establish and maintain a multi-agency steering group/community of interest on home accident prevention. This group will coordinate and oversee the implementation of the NI Home Accident Prevention Strategy within the Eastern Health and Social Services Board Area (EHSSB) and the implementation of the area action plan.</li> </ul>	Jan 2006	Ongoing	Eastern Area Investing for Health Team/Belfast City Council/Eastern Group Environmental Health Committee	<p>The Eastern area group meet yearly and locality Home Accident Prevention (HAP) groups meet 4 to 6 times per year.</p> <p>A new HAP group was established in June 06 in Down District to bring together interested partners to help implement the strategy at local level in this area. Existing HAP groups were already in place in all other localities within the EHSSB area.</p> <p>The Steering Group supported the participation of the Home Safety Co-ordinator at all five locality HAP groups and this has improved communication and partnership working between the HAP groups.</p> <p>The Home Safety Co-ordinator has actively sought to increase membership of HAP through networking to ensure consistent and wider representation at a local level.</p>
<ul style="list-style-type: none"> <li>The Eastern Area Home Accident Prevention Steering Group (<b>The Steering Group</b>) will support the NI Home Accident Prevention Strategy Regional Implementation Group to lobby Government for sustainable resource for home accident prevention work, and will actively seek out other sources of funding. In addition, the Steering Group will ensure that work to address home accidents within the EHSSB area is communicated to the</li> </ul>	ongoing		The Steering Group	ROSPA take the lead role in communicating information between locality/Eastern area group and the Regional group.

<p>Regional Strategy Implementation Group and there is effective co-ordination and collaboration between regional area and local activity.</p>				
<ul style="list-style-type: none"> <li>All members of the Steering Group will take a lead role in developing and implementing the NI Home Accident Prevention Strategy and the Eastern Area Action Plan Priorities within their respective organisations and ensure it becomes an integral part of organisational business plans, targets and action</li> </ul>	<p>April 06</p>	<p>Ongoing</p>	<p>The Steering Group</p>	<p>Key representatives across the Eastern Board signed up to the Eastern Area Home Accident Prevention Action Plan. These representatives are ensuring their organisations enable home accident prevention (HAP) to be an integral part of planning and delivery within their organisations. For example Councils in the Eastern Area support the development of the Home Check Scheme and the South Eastern Health &amp; Social Care Trust fund a Home Safety staff member.</p>
<ul style="list-style-type: none"> <li>The EHSSB will incorporate home accident prevention into all relevant aspects of its commissioning role with service providers and ensure that HSC Trusts, and other providers with whom it contracts, integrate home accident prevention into their work with children, families and older people.</li> </ul>	<p>April 06</p>	<p>Ongoing</p>	<p>EHSSB</p>	<p>There are many projects that are being developed and incorporated by organisations to ensure service providers receive HAP information:</p> <p><b>Ards Area</b> Development of Check Scheme for Older People within Ards Borough Council area.</p> <p><b>Belfast Area</b> Belfast HSC Trust have developed a pilot falls prevention programme.</p> <p><b>Castlereagh Area</b> Development of Check Scheme for both older people and parents of young children.</p> <p><b>North Down</b> Development of Falls Prevention Work. Data collection from A&amp;E Dept.</p> <p><b>Down/Lisburn area:</b> “Slipper Amnesty Project” being delivered as part of falls prevention programme.</p>

<ul style="list-style-type: none"> <li>Health and Social Care Trusts will develop local Home Accident Prevention Action Plans in partnership with Home Accident Prevention (HAP) groups in the EHSSB area, and monitor progress against these. The HSC Trusts and HAP Groups will share this and other information to improve the consistency and co-ordination of initiatives. The HAP Groups will also seek to develop and promote action with other partners in the locality in order to increase local participation in this community of interest.</li> </ul>	April 06	Annually	HSC Trusts/ HAP groups	<p>HAP partners in Belfast, Castlereagh, North Down &amp; Ards, Lisburn and Down District have developed HAP Action Plans.</p> <p>In January 07, with initiation and co-ordination by the Home Safety Coordinator, HAP groups agreed to put in place more effective recording of HAP activity via the Activity Record Sheet. These Activity Records are under review and an update on progress will be available early 2008.</p> <p>Due to increased membership within HAP groups, participation and co-ordination at events has increased, for example during HAP Week 07 partners from Fire &amp; Rescue Service, Belfast HSCT, Belfast City Council and Engage with Age helped to organise activities to promote safety at home from scalds for older people.</p>
<ul style="list-style-type: none"> <li>Local Councils within the EHSSB area will consider how to make best use of their discretionary powers to promote safety in the home. They will also recognise the legislative authority enabling them to contribute to the funds of any voluntary body that promotes safety in the home.</li> </ul>	April 06	Ongoing	Local Councils	<p>The Eastern Group Environmental Health Committee (EGEHC) representing Ards, Down, North Down and Lisburn Councils have funded the Home Safety Co-ordinator post for another year (Apr 07 – Mar 08) to support the co-ordination of activities and to meet the Action Plan targets.</p> <p>Support has also been given to the Home Safety Officer undertaking the pilot home safety check schemes in Ards, Castlereagh and North Down.</p> <p>Council Environmental Health staff have also been involved in the delivery of talks to groups, organised blanket testing events, representation at HAP meetings, and hands on support to Home Safety Coordinator led activities.</p>

				<p>Belfast City Council (BCC) also continues to maintain a Home Safety Team, providing an in-depth check scheme, distribution of equipment and undertaking minor electrical repairs (changing fuses, re-wiring plugs, etc). The service is has recently been reviewed and positively evaluated, with recommendations considered to ensure efficient and effective delivery.</p> <p>Belfast City Council has developed and distributed "Safety of Seniors" (SOS) packs to older people across the city, and in association with this innovative scheme, organised 15 SOS events across Belfast. Their Home Safety Team continues to deliver talks in the community, including presentations to older people at Health Fairs and recently a personal safety event at Fold Housing.</p>
<ul style="list-style-type: none"> <li>The Royal Society for the Prevention of Accidents (RoSPA), in conjunction with the NI Housing Executive, will work together to facilitate the development of an action plan with other relevant partners to improve housing design, fitness and safety.</li> </ul>	April 06	Dec 07	RoSPA/NIHE	<p>The Thermostatic Mixing Valve Project is a service that the NIHE have been involved to date in the Northern Health and Social Services Board area. There may be opportunity to roll this project out to Eastern Area so that more people can avail of this service.</p>
<ul style="list-style-type: none"> <li>The EHSSB, in line with its Older People Health and Well-being Strategy, will require HSC Trusts to establish effective systems to identify older people at risk of falls and develop an integrated range of services to address fracture/falls prevention</li> </ul>	April 06	Ongoing	EHSSB	<p>Belfast and the South Eastern Health &amp; Social Care Trust are keen to develop falls prevention programmes.</p> <p>Belfast has undertaken a falls training programme in 2007, which is being evaluated and will hopefully be mainstreamed if successful. A previous service co-ordinated and delivered by Belfast HSC Trust proved to be successful in identifying people at risk.</p>

				<p>North Down &amp; Ards area have completed an IfH proposal to develop and support their Falls Assessor and are awaiting confirmation that this proposal has been successful.</p> <p>Down District is delivering a Falls Prevention Training Programme via the local further education college.</p> <p>HAP groups are planning to further co-ordinate falls “specialists” to form a working group at local level to ensure falls services are developed.</p>
<ul style="list-style-type: none"> <li>The Steering Group will lobby the Regional Strategy Implementation Group to consider if there is potential for the operation and sustainability of an interactive safety centre within NI.</li> </ul>	April 06	April 08	The Steering Group	<p>Some research has been undertaken by Belfast City Council on this. A report is available with further details. RoSPA will feed back with more information at a later date.</p>

**Objective 2: To improve awareness of home accidents and how they can be prevented**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>The Home Accident Prevention (HAP) Groups within the EHSSB area will work in partnership with the Steering Group to co-ordinate the development and delivery of a range of public awareness initiatives on home safety targeting the local needs of children, parents and older people throughout the EHSSB area. Initiatives should seek to have both a multi-agency and community involvement.</li> </ul>	April 2006	Ongoing	HAP Groups/The Steering Group	<p>Sample of events held during 2006/07 <b>targeting older people</b> included:</p> <p><b>Ards Borough Council</b>            A crimestoppers event held – 100 people attended.            Towerview Day Centre - 30 attended.            Over 50's Tea Dance - 70 attended.            Council PR Event - 70 attended.            Donaghadee Luncheon Club - 25 attended.            Ballyhalbert - Age Concern - 50 attended            Ballygowan Seniors - 27 attended.            Millisle Senior Group - 30 attended.            Moneywise Event - Age Concern - 120 attended.            Towerview Day Centre - 40 attended.            Towerview Day Centre - 30 attended</p> <p><b>Belfast City Council</b>            Falls prevention pilot project has been completed in South &amp; East Belfast and is now being rolled out to 4 other areas.            The Falls Prevention Advice leaflet is being reviewed and reprinted. An Older People's Advice and Support Pack for North &amp; West area was developed providing crime prevention advice, home &amp; community safety information, service sign posting, attack alarms and "Message in a Bottle".            Over 55,000 older people will be targeted with home accident prevention advice.</p>

				<p><b>Castlereagh Borough Council</b>  “CRAG” Men’s Group - 20 attended.  Active and older people event – 50 attended.  Personal safety and well-being event – 20 attended.  Carryduff Retirement Group - 18 attended.  Gilnahirk Ladies Group - 40 attended.  Belvoir Senior Group - 25 attended.  Silver Threads - 15 attended.  Dundonald Methodist Church - 25 attended.  Ballyloran Bowling Group - 12 attended.  Ballybeen Women’s Group - 10 attended.  Moneyreagh Info Group - 4 attended.  Braniel Info Day - 20 attended.  Carryduff Retirement Association- 15 attended.  Tullycarnet Wise Crackers - 15 attended.  Cregagh Flat Visits - 48 people attended.  HAP O7 event - 50 attended.</p> <p><b>Lisburn City Council</b>  Event with Greater Lisburn Over 50’s Forum – 25 attended. Also event held with Lower Maze Older Peoples Group – 23 attended.  Education awareness programme provided for 60 older people on falls prevention.  HAP 07 event - 150 attended.</p> <p><b>North Down</b>  Crimestoppers event – 100 attended.  Health &amp; Wellbeing day - 150 attended.  Shipshape - 35 attended.  Age Concern Gymnasium - 27 attended.  Fibromyalgia Support Group - 25 attended.  Skipper Stone Day Centre - 27 attended.  Age Concern Drop in - Luncheon Club - 12 attended.  Over 55 Redburn Community Centre  Holywood - 25 attended.</p>
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				<p>Carnalea Methodist Church - 35 attended. Age Concern Good Morning Scheme - 25 attended.</p> <p><b>Down District</b> Slipper Amnesty - approx. 40 attended. Teocognught - 50 attended. HAP Week 07 - 80 attended. Community education programme on accidents for Down Senior Forum - 50 attended.</p>
<ul style="list-style-type: none"> <li>The NI Fire and Rescue Service will offer a free Home Fire Safety Check to all homes in the EHSSB area. This will be delivered upon telephone request or referral from appropriate agencies. Fire Officers will also target the scheme in High Risk Areas (determined by the NI Fire and Rescue Service). Ten year smoke alarms will be fitted where necessary.</li> </ul>	April 06	Ongoing	NI Fire and Rescue Service	Approximately 800 homes have been checked across the Eastern Area.
<ul style="list-style-type: none"> <li>Belfast Healthy Cites (BHC), Belfast City Council, the new Belfast Commissioning Body, Investing for Health partnership, the new Belfast Health and Social Care Trust and older people will explore the development of an integrated information demonstration project. The Steering Group will contribute to the home safety information aspect of this work</li> </ul>	Mar 07	Sep 08	BHC/ The Steering Group	Home safety leaflets are being developed (Oct – May 08) as part of a wider resource pack for older people.

**Objective 3: To build capacity with frontline staff within organisations through training to deliver advice on home safety**

Actions	Time-scale Start    Finish		Lead Agency	Update on progress Sep 07
<ul style="list-style-type: none"> <li>The Steering Group will develop a Home Safety Training Programme for key workers who visit homes and are in a position to deliver information and advice to those who are vulnerable to home accidents. The training programme will be evaluated to establish how participants have used the training to raise awareness of home accident prevention in their work and in the community.</li> </ul>	April 06	July 06 eval-uation	The Steering Group/Local HSC Trusts/ RoSPA	ROSPA lead the training during 2006 and an evaluation report has been produced. Approx. 500 people across the Eastern Area attended training. A review undertaken late 06 of how people were using their training highlighted that approx. 60% of people are actively promoting home safety in their work and in their community since their attendance at home safety training. Everyone who attended the training has been invited to continue to receive HAP information and to participate in delivering HAP events.
<ul style="list-style-type: none"> <li>Belfast Healthy Cities, in partnership with the EHSSB and the HSC Trusts, will develop and deliver a training programme for key staff working with older people. This programme will include training on the wider determinants of health for older people and provide information on other services available to older people on issues such as home safety, community safety, housing, transport, fuel poverty and health promotion. The Eastern Area Home Accident Prevention Steering Group/Community of Interest will contribute to the Home Safety section of this Training Programme</li> </ul>	Mar 07	Sep 08	BHC/ HSC Trusts	To be developed and delivered in 2008.

**Objective 4: To develop information systems that will provide evidence to inform practice on improving home safety**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>The Steering Group will endeavour to influence the Regional Strategy Implementation Group to move forward with the development and implementation of a minimum data set for the collection of home accident information across Northern Ireland. The EHSSB will ensure that recording processes within HSC Trusts are uniform and consistent (based on regional agreement).</li> </ul>	April 06	Aug 07	The Steering Group/ EHSSB/ Regional Strategy Implementation Group	<p>ROSPA chair the regional group that meets twice a year. This work has not begun as yet.</p> <p>RoSPA are currently piloting a Home Safety Check database that will support data collection before and after intervention from Home Safety Officers.</p> <p>Ulster Hospital has completed a data collection project in regard to older people injuries as a result of home accidents.</p>
<ul style="list-style-type: none"> <li>The Steering Group, in conjunction with RoSPA and the Regional Strategy Implementation Group, will lobby Government for support in establishing an ongoing programme of research and evaluation to inform the development of best practice in relation to home accident prevention.</li> </ul>	April 06	April 07	The Steering Group/ RoSPA/ Regional Strategy Implementation Group	Information is being gathered at present by the Home Safety Coordinator to support the development of best practice guidelines for home safety projects.

**Objective 5: To review, evaluate and share good practice to improve services**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>Eastern Group Environmental Health Committee (EGEHC) will employ a Home Safety Coordinator (on a one year fixed term/secondment basis) to support the work of the Eastern Area Home Accident Prevention Steering Group, develop a database on current home safety projects in the EHSSB area, liaise with relevant bodies to share information and good practice, identify models of good practice in relation to home safety and provide a referral and signposting service to all home safety initiatives within the EHSSB area.</li> </ul>		May 06	Eastern Group Environmental Health Committee (EGEHC)	<p>A Home Safety Co-ordinator (HSC) was employed April 06. Below is an example of projects /work that the HSC has initiated, delivered and supported.</p> <ul style="list-style-type: none"> <li>Development of a database of existing HAP services, equipment schemes, check schemes etc.</li> <li>HAP Shopping Mall events</li> <li>Design and co-ordination of HAP Pull-Up Stands.</li> <li>Co-ordination of an Eastern Area Check Scheme event with follow-up event Nov 07.</li> <li>Organisation of Firework, Christmas, and Summer Safety press releases / events.</li> <li>Design, production and co-ordination/ dissemination of the Eastern Area HAP Newsletter.</li> <li>Models of good practice with regard to Check Schemes and Equipment Schemes will be available 2008 when a working group of Home Safety Officers is established.</li> </ul>
<ul style="list-style-type: none"> <li>RoSPA will assist relevant statutory organisations including Down District Council, Down Lisburn HSC Trust, the local Housing Executive and Fire and Rescue Service as well as other interested organisations to establish a local HAP group within the Down District Council area</li> </ul>	April 06	Dec 06	RoSPA/ EGEHC Home Safety Co-ordinator/ Down Lisburn HSC Trust	<p>Down District HAP group was established and had their first meeting 12 June 06. RoSPA the South Eastern Health &amp; Social Care Trust &amp; the HSC helped to co-ordinate attendance at the first meeting.</p>

<ul style="list-style-type: none"> <li>Belfast City Council will review its home safety check scheme service taking into consideration other successful schemes in NI/UK and advice from other agencies with a home safety remit. The review will look at the targeting of higher risk groups, consistency with other similar schemes and the provision of information and referrals to other essential services which can impact on home safety. The EGEHC Home Safety Coordinator will work in partnership with Belfast City Council to identify models of good practice in relation to home safety check schemes.</li> </ul>	April 06	May 07	Belfast City Council	Belfast City Council has completed a report on their Home Safety Check Scheme. This work is ongoing and will be influenced and supported by the new province wide Home Safety Check Scheme working Group.
<ul style="list-style-type: none"> <li>The Steering Group will develop and disseminate good practice guidelines on the operation of safety equipment schemes, smoke alarm schemes and other home safety initiatives.</li> </ul>	April 06	April 07	The Steering Group/ EGEHC Home Safety Co-ordinator	A workshop is scheduled for November 2007 to bring together HAP partners to agree good practice guidelines for Check Schemes and associated equipment schemes.



<ul style="list-style-type: none"> <li>• Review of current options of different housing models for older people</li> <li>• Review any improvements to the adaptation service process in relation to housing for older people</li> <li>• Work with the Planning Service to increase understanding of the need to assess the availability of the location of housing for older people for future re/development in relation to location of essential services</li> </ul>			<p>Planning Service; NIHE; HSC Trusts</p>	
<ul style="list-style-type: none"> <li>• Belfast Healthy Cities (BHC), Belfast City Council, the new Local Commissioning Group, Investing for Health partnership, Belfast Health and Social Care Trust and older people will explore the development of an integrated information demonstration project. The Joint Planning and Implementation Housing group will contribute to the housing information aspect of this work</li> </ul>	<p>Mar 07</p>	<p>Sep 08</p>	<p>BHC/Joint Planning and Implementation Housing group</p>	<p>Between Dec-Mar 08 Belfast Healthy Cities will work with NIHE to develop housing leaflets which will be included in a wider resource pack being developed for older people.</p>

**Objective 2: To improve older peoples access to home improvement and/or care, repair and maintenance services that will allow them to maintain and remain in their own homes**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>• Map existing care, repair and maintenance initiatives that are available to older people</li> <li>• Identify the needs of older people in relation to care, repair and maintenance services</li> <li>• Develop recommendations to meet the gaps in the provision of care, repair and maintenance services</li> </ul>	2006	2009	NIHE/ HSC Trusts/ Older People/ Voluntary and community sector	<p>Research on care and repair is to be commissioned through the NIHE Older People research programme 2008-09. This is expected to include scoping of existing services across Northern Ireland.</p> <p>VSB and N&amp;W Belfast Senior Citizens Consortium produced a leaflet outlining some voluntary and low cost handyman care and repair type services in the area. This was distributed to NIHE District Offices in the West Belfast area.</p> <p>The Housing Executive's Supporting People and the Grants Departments fund two Home Improvement Agencies (HIA) in NI, i.e. Fold HIA in the east of the Province, and Gable in the west. A review of the HIAs is to be undertaken to consider their future role, including possibly a remit for care and repair.</p>

**Objective 3: To review Assistive Technology projects and the extent to which they support older people to remain at home**

Actions	Time-scale Start Finish		Lead Agency	Update on progress Sep 07
<ul style="list-style-type: none"> <li>Map existing assistive technology projects that are used to support independent living for older people</li> <li>Assess the extent to which assistive technology supports older people to remain in their own homes</li> <li>Develop recommendations for mainstreaming the use of assistive technology with older people</li> </ul>	2006	2009	NIHE; HSC Trusts; Older People; Voluntary and community sector	<p>NIHE have commissioned research on Assistive Technology and the range of products available. This is due to complete late 2007.</p> <p>One of the research objectives is to explore the living options, specifically for older people, which integrate assistive technology currently available within Northern Ireland.</p> <p>The Housing Executive's Supporting People Team is working with the 4 Area Health Boards regarding the way forward for mainstreaming Assistive Technology services. Three of the four have committed to matching funding with NIHE. EHSSB have still to commit to joint funding.</p> <p>Development of a regional Assistive Technology contract for Northern Ireland is under consideration.</p>

**Objective 4: To review the current provision of sheltered accommodation for older people in consultation with older people**

Actions	Time-scale Start Finish		Lead Agency	Update on progress Sep 07
<ul style="list-style-type: none"> <li>• Carry out a review of existing sheltered accommodation for older people</li> <li>• Consult with older people to identify need</li> <li>• Make recommendations for future provision and use of sheltered accommodation</li> </ul>	2006	2009	NIHE; Housing Associations; Health & Social Care Trusts; Older People	<p>It is anticipated that actions in relation to sheltered accommodation will also be linked to the roll out of the EHSSB older people plan.</p> <p>NIHE Supporting People have entered into discussions with EROSH (Emerging Role of Sheltered Housing group) around the future role of sheltered accommodation.</p> <p>Supporting People have mapped sheltered provision in the EHSSB area.</p> <p>The Supporting People team have commenced service review analysis of the sheltered housing sector in Northern Ireland.</p>

**Objective 5: To review current options of different models of housing available for older people and identify future options to be available**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>• Review the different models of housing that are available for older people</li> <li>• Assess the need of older people in relation to suitable models of housing including older people with dementia</li> <li>• Make recommendations for models for future development</li> </ul>	2006	2009	NIHE; HSC Trusts; Older people	<p>The Housing Executive older people research programme includes research on retirement village models. This is due to complete late 2007/early 2008.</p> <p>Later, older people research is to include an overview of best practice in GB, NI and elsewhere in relation to new provision of accommodation for older people.</p> <p>The Housing Executive is involved in the steering group structure of the Northern Ireland Dementia Centre.</p> <p>Implementation of the Bamford Review is the way forward for the Regional Dementia Group. Establishment of a dementia housing group is to be considered as part of the Regional group.</p>

**Objective 6: To encourage a planning approach that promotes the location of available housing for older people within close reach of essential services**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>Carry out a mapping exercise which assesses the availability of essential services in relation to availability of housing for older people</li> <li>Work with the Planning agency to develop a set of indicators which will provide guidance on location and access to essential services in relation to availability of housing for older people for future developments.</li> </ul>	2006	2009	NIHE; HSCTrusts; Older people; planners	Not begun as yet

**Objective 7: To ensure that adaptation assessments are carried out and adaptations made to older peoples homes within a timescale that contributes to and promotes a good quality of life for older people**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>Consider the recommendations from the interagency group with regard to adaptations</li> <li>Develop and ensure mechanisms are put in place that act on the recommendations of the review and any further improvements</li> </ul>	2006	2009	NIHE; HSC Trusts; Older people	NIHE and DHSSPS have jointly funded a Housing Adaptations Liaison Manager. Issues around timescales are being taken forward and process review is ongoing through the Inter-departmental Group on Adaptations.

# Community Safety Action

**Objective 1: To improve access to information on community safety by older people to reduce the fear of crime**

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<b>Resources</b> <ul style="list-style-type: none"> <li>The Community Safety Unit (CSU) will develop an information leaflet for older people on community safety information for distribution to older people through Community Safety Partnerships, age sector organisations and other relevant organisations</li> </ul>	2007	2008	CSU	To be commenced Jan 08 to be ready for publication Spring/Summer 08.
<ul style="list-style-type: none"> <li>The Community Safety Unit will develop a DVD for use by support organisations to prevent individuals, including older people, from becoming a victim of domestic burglary</li> </ul>	2006	ongoing	CSU	A DVD has been developed and circulated to many organisations, including Neighbourhood Watch groups and groups affiliated to Age Concern and Help the Aged. Also distributed at International Age Awareness event on 1 October 07.
<ul style="list-style-type: none"> <li>Lisburn Community Safety Partnership (CSP) in partnership with Lisburn City Council and Down Lisburn HSC Trust will develop an information pack to highlight accessible services for the ethnic community which will include ethnic older people</li> </ul>	2006	2007	Lisburn Council/ Down Lisburn HSC Trust	A multi-lingual leaflet was produced through the Lisburn Diversity Forum and has been widely distributed at events and to individuals.
<ul style="list-style-type: none"> <li>Lisburn CSP will launch a New and Secure Homes Scheme (NASH). This will be an address book with local community safety information and given out to new and resettled home owners and tenants</li> </ul>	2006		Lisburn CSP	This scheme has been postponed due to funding issues but it is hoped to progress NASH in the 07-09 period.
<ul style="list-style-type: none"> <li>North Down CSP will produce a senior citizens community safety booklet</li> </ul>	April 06	April 07	North Down CSP	Booklet produced - going to reprint this year. It was well received.

<ul style="list-style-type: none"> <li>Belfast Healthy Cities (BHC), Belfast City Council, the Local Commissioning Group, Investing for Health partnership, Belfast Health and Social Care Trust and older people will explore the development of an integrated information demonstration project. CSU/CSPs will contribute to the community safety information aspect of this work</li> </ul>	Mar 07	Sep 08	BHC/CSU/CSP's	Community Safety leaflets will be developed (Oct – May 08) for the Belfast area as part of a wider resource pack for older people.
<p><b>Advice/Information Sessions</b></p> <ul style="list-style-type: none"> <li>Age Concern will continue to provide talks on community safety to all groups e.g. church groups when requested and examine if information can be distributed through church networks</li> </ul>	On-going		Age Concern	There is a focus on community safety through the Intergenerational projects funded by Belfast CSP and Belfast Charitable Society/Clifton House. This work is managed by Age Concern.
<ul style="list-style-type: none"> <li>Belfast Community Safety Partnership (CSP) will establish a “safety of seniors” group to design and deliver a range of events looking at safety for older people to include home, fire, and road safety as well as linking them in with older peoples support groups</li> </ul>	May 06	ongoing	Belfast CSP	The Safety of Seniors group meets on a regular basis to manage a rolling programme of Safety of Seniors events. The group consists of a range of relevant partners including PSNI, DPP, NIHE, Help the Aged, Age Concern, Fold Telecare, etc  15 events are scheduled for 07/08.
<ul style="list-style-type: none"> <li>Castlereagh Community Safety Partnership (CSP) in partnership with Engage with Age will provide four information sessions for older people throughout Castlereagh Borough providing key information, reassurance, contacts and support to older people. Personal attack alarms will also be distributed during these sessions</li> </ul>	Mar 06	Aug 07	Castlereagh CSP/ Engage with Age	Information sessions took place in Belvoir, Cregagh, Carryduff, Ballybeen, Braniel and Moneyreagh.  600 personal alarms have been distributed.
<ul style="list-style-type: none"> <li>Castlereagh CSP will display and regularly update information on community safety at key public locations such as libraries, community centres, health centres, and post offices</li> </ul>	April 06	Mar 08	Castlereagh CSP	Information is available in a number of outlets, and updated regularly. Information is also provided during local community/information days.
<ul style="list-style-type: none"> <li>Lisburn Community Safety Partnership in partnership with the PSNI will run crime prevention and personal security advice sessions to older / disabled groups</li> </ul>	2006	2008	Lisburn CSP	Advice sessions have taken place throughout 2006/07 and will continue during 07/08.

<ul style="list-style-type: none"> <li>Lisburn Community Safety Partnership will run an annual multi-agency awareness event to promote community safety/services, the first of which, 'Be Safer At Home' will be held in April 2006</li> </ul>	April 06	annually	Lisburn CSP	<p>An event took place in April 06 and involved a variety of agencies through the Lisburn Adults at Risk Forum.</p> <p>A Government minister opened the event raising its profile. The event was attended by over 200 senior citizens.</p>
<ul style="list-style-type: none"> <li>North Down CSP will run "Safety of Seniors" information road shows providing information on community safety</li> </ul>	April 06	April 08	North Down CSP	3 road show events were held last year and more are planned for 2008.
<ul style="list-style-type: none"> <li>North Down CSP will run information events on "beat the burglar" (Anti-Burglary roadshow)</li> </ul>	April 06	April 08	North Down CSP	Bogus caller events were set up in partnership with trading standards. At these events a video was shown. Bogus caller warning labels/stickers were given out at events for residents to use at their front doors.
<ul style="list-style-type: none"> <li>Down CSP will run 6 Safer Communities Roadshow to tackle the fear of crime by providing support, information and advice</li> </ul>	2006	2008	Down CSP/ Communities At Risk Forum	<p>A Safer Communities Roadshow was held in Downpatrick in Sep 07. This Roadshow attracted support from over 20 local agencies and focused on crime and fear of crime. In addition, the CSP has provided support to a local MAPS event (Money and Personal Safety Event) which aims to raise awareness of doorstep crime and personal safety. The last event was organised by Age Concern and held in March 07 in Newcastle Centre for people over 50 years of age.</p> <p>Down District CSP hopes to continue supporting these type of innovative interagency events in 2008-2009, and plans are currently underway to hold one other Community Safety Roadshow and MAPS event.</p>
<ul style="list-style-type: none"> <li>Ards Borough Council in partnership with Ards CSP will establish a unit to provide local communities with a temporary point of access to the Anti-Social Behaviour Team and other agencies as appropriate. The Ards Anti-Social Behaviour Team and Ards District Command Unit - Community Policing Unit will manage and use this facility</li> </ul>	2006	2008	Ards Borough Council/ Ards CSP	Ards Anti-Social Behaviour Team took delivery of the mobile information unit in July 2007 and have held numerous surgeries/roadshows throughout the Borough. The Unit will continue to provide a temporary point of access for residents of the Borough.

<ul style="list-style-type: none"> <li>Belfast Healthy Cities Health in partnership with Health Trusts will develop and deliver a training programme for lead contact people for older people within organisations. This programme will include training on the wider determinants of health for older people and provide information on other services available to older people on the issues of home safety, community safety, housing, transport, fuel poverty and health promotion. Community Safety Partnerships will contribute to the community safety section of this Training Programme</li> </ul>	Mar 07	Sep 08	BHC/ HSC Trusts/ CSP's	To be developed/delivered in 2008.
<ul style="list-style-type: none"> <li>Belfast Healthy Cities in partnership with other agencies will hold an annual older peoples conference focusing on the topics of community/home safety, housing, transport, health promotion and fuel poverty. This will provide an opportunity for CSPs to display their work on community safety</li> </ul>	2007	2008	BHC/ HSC Trusts/ Councils/IFH	Provisionally planned for June 08.
<ul style="list-style-type: none"> <li>The Community Safety Unit will further develop its website to include information specific to older people including details of regional and local projects; crime prevention advice, and links to other partner organisations supporting the work of community safety</li> </ul>	2006	ongoing	CSU	CSU are in discussions with the Delivery & Innovation Division (Dept of Finance & Personnel) with regard to updating their website. The updated website will be live Feb 08.
<p><b>Media</b></p> <ul style="list-style-type: none"> <li>Down Community Safety Partnership will run media campaigns to highlight the actual levels of crime among older people and promote Down as a safer place to live. Six media articles will be produced annually</li> </ul>	2006	2008	Down CSP	Down CSP has recently undertaken a Crimestoppers Campaign to encourage people to fight back against the criminals. The campaign was held in February 2007 and is one of many positive community safety articles reaching the local media. Another local campaign in May 2007 launched the 'Message in a Bottle Scheme', which lets older, disabled or otherwise vulnerable people record important personal information. The Partnership aims to continue meeting this target in the forthcoming year.

<ul style="list-style-type: none"> <li>Lisburn Community Safety Partnership will run a Billboard Campaign to promote reporting of crime and crime prevention – this will be targeted at recent issues which may include e.g. victims of burglary and domestic violence</li> </ul>	2006	2007	Lisburn CSP	<p>The Billboard Campaign has been upgraded to permanent LCD displays in Lisburn Railway Station and local Spar/Post Office which continually display safety information including home safety issues and safety of vulnerable people.</p> <p>Lisburn CSP has also funded two LCD portable displays which are utilised to display relevant information in a variety of community settings.</p>
<ul style="list-style-type: none"> <li>Age Concern will develop a code of practice for the media on how to portray community safety facts and issues relating to older people</li> </ul>	2006	2007	Age Concern	<p>A leaflet has been produced by the National Union of Journalists and Age Sector organisations called “Change the record”.</p>

**Objective 2: To provide support to older people to reduce the fear of crime**

Actions	Time-scale Start Finish		Lead Agency	Update on progress Sep 07
<p><b>Support Services</b></p> <ul style="list-style-type: none"> <li>Community Safety Partnerships in partnership with the PSNI and District Policing Partnerships will support and develop Neighbourhood Watch schemes to reduce crime and fear of crime within communities</li> </ul>	On-going		CSPs; PSNI; District Policing Partnerships	<p>Neighbourhood Watch Schemes have been developed and supported by CSP's throughout the EHSSB area. There are currently over 100 schemes in the areas of Castlereagh, Down, North Down &amp; Ards. A Co-ordinator has been employed for these areas to provide support and development for Neighbourhood Watch.</p> <ul style="list-style-type: none"> <li>More specifically there are 19 Neighbourhood Watch Schemes in the Ards Borough area and 27 in the North Down area.</li> <li>Down District has established over 60 local Neighbourhood Watch Schemes in conjunction with the PSNI and DPP. Innovative initiatives, such as the PSNI Email Alert Service have brought added value to Neighbourhood Watch.</li> <li>Schemes continue to be developed through PSNI supported by Lisburn CSP in the form of public information events. 15 schemes operating at present with the aim of connecting to a range of other Lisburn CSP projects including those involving senior citizens and vulnerable groups.</li> <li>In the Belfast area this work is ongoing, a Neighbourhood Watch Coordinator will be employed in 2008 for Belfast.</li> </ul>
<ul style="list-style-type: none"> <li>Down CSP will set up and run a drop-in facility in Downpatrick where people who have been the victims of crime, or fear that they may become victims of crime, can access advice, information and support</li> </ul>	April 06	2008	Down CSP/ Victim Support and Women's Aid	<p>It is anticipated that a 'Feel Safe Drop In Centre' will open its doors in the District at the beginning of the New Year. It aims to be a 'One Stop Shop' for victims of Domestic Violence in general.</p>

<ul style="list-style-type: none"> <li>Ards CSP and Belfast City Council will provide a small grants scheme for organisations/groups to apply to for projects that will improve community safety at a local level</li> </ul>	2006	2008	Ards CSP and Belfast City Council	In Ards, £10,000 has been spent on small grants projects throughout the Borough 2006 – 2007. A further £10,000 has been allocated toward a similar project in 2007 – 2008. Belfast CSP have run and completed a small grants scheme twice in 2007. The most recent round of funding awarded grants to 39 groups.
<ul style="list-style-type: none"> <li>Castlereagh CSP will liaise with Castlereagh Borough Council and the Local Strategic Partnership (LSP) social economy worker to develop a handymans scheme to maximise services for older people</li> </ul>	June 06	On-going	Castlereagh Borough Council/ LSP Social Economy worker	This has not yet been achieved.
<ul style="list-style-type: none"> <li>Lisburn CSP in partnership with the PSNI will establish a post to coordinate a Vulnerable Persons Security Scheme and coordinate referrals across agencies. 100 older people will be targeted initially in this scheme</li> </ul>	2006	2008	Lisburn CSP	'Lisburn Secured' scheme established Sept 06 was spearheaded by a co-ordinator who has managed 230 referrals to date. The project has enhanced and improved the physical security of 140 clients to date. Additional clients have been referred to other services such as the Help the Aged Handy Van scheme, NIHE Lock Out Crime scheme and the Northern Ireland Fire and Rescue Service for fire safety checks.
<ul style="list-style-type: none"> <li>Belfast CSP will develop a register of equipment fitters with awareness of older people's concerns who will do work to guaranteed standard and guide price</li> </ul>	2006	2008	Belfast CSP	Not actioned.
<p><b>Help/Care Lines</b></p> <ul style="list-style-type: none"> <li>Down CSP will continue to support the "Good Morning Down" Programme and target an additional 60 individuals for inclusion in this programme</li> </ul>	On-going		Down CSP	Down CSP has continued to support the 'Good Morning Down' Project. A number of workers have recently been employed allowing the project to grow in capacity over the coming months.
<ul style="list-style-type: none"> <li>Belfast CSP will continue to support the three existing Good Morning Projects within the Belfast area – Lagan Village, Good Morning Ballysillan and Good Morning West Belfast in their endeavours to secure sustainability</li> </ul>	On-going		Belfast CSP	This support is ongoing and should complement NIO Community Safety Unit support at regional level.

<ul style="list-style-type: none"> <li>North Down CSP in partnership with Age Concern will develop four Good Morning Programmes in the North Down area</li> </ul>	2007	2008	North Down CSP/Age Concern	One Good Morning project has been established to serve the whole borough of North Down.
<ul style="list-style-type: none"> <li>Ards CSP will continue to provide financial support for the Help the Aged Careline Service which aims to reduce the incidence of fear of crime amongst the vulnerable, particularly the elderly. The project will provide 20 Careline packages each year which include the provision of bogus caller buttons to vulnerable persons across the Council area</li> </ul>	2006	2008	Ards CSP/Help the Aged	This is an ongoing project with careline units and bogus caller buttons installed in the homes of the vulnerable and elderly. The project is due to finish March 2008.
<ul style="list-style-type: none"> <li>Lisburn CSP will support Good Morning Colin scheme to extend into the Dunmurry area through a contribution towards project funds</li> </ul>	2006	2008	Lisburn CSP	Lisburn CSP funding during 2006/07 has supported Good Morning Colin work in the Colin area and successfully enabled the extension of this work to the wider Dunmurry area.
<b>Befriending Programmes</b>				
<ul style="list-style-type: none"> <li>Engage with Age in partnership with Castlereagh CSP will identify research into existing befriending schemes</li> </ul>	April 06	Aug 07	Engage with Age/ Castlereagh CSP	An information sheet on existing befriending schemes has been produced.
<ul style="list-style-type: none"> <li>Engage with Age in partnership with Castlereagh CSP will host a conference on befriending with the aim of linking potential users, workers and groups together to gauge the interest in developing new schemes</li> </ul>	2006	2007	Engage with Age/ Castlereagh CSP	The conference took place in March 07.
<ul style="list-style-type: none"> <li>Engage with Age in partnership with Castlereagh CSP will pilot two befriending type schemes in the Castlereagh area and provide training where appropriate for those involved</li> </ul>	2006	Aug 07	Engage with Age/ Castlereagh CSP	2 pilots groups are in the process of being identified.
<ul style="list-style-type: none"> <li>North Down CSP in partnership with Age concern will develop a befriending scheme for the area (linked with the Good Morning projects)</li> </ul>	2006	2008	North Down CSP/ Age Concern	This is yet to be developed. A "Safe and Well" application has been submitted for major befriending, intergenerational programmes across Ards and North Down.

<p><b>Intergeneration Work</b></p> <ul style="list-style-type: none"> <li>Down CSP will develop and support Intergenerational Programmes in conjunction with Age Concern</li> </ul>	2006	On-going	Down CSP Fear of Crime Committee/ Age Concern	Down District CSP have continued to support local events such as the Safer Communities Roadshow which highlight issues of concern for both young and old.
<ul style="list-style-type: none"> <li>Belfast CSP will develop Intergenerational activity throughout the Belfast City Council area</li> </ul>	2006	On-gong	Belfast CSP	<p>An Intergenerational Coordinator has been funded in partnership with Age Concern NI and Clifton House</p> <p>The Coordinator is employed by Age Concern NI and has distributed small grants to a number of projects as well as providing support and advice to communities and groups interested in Intergenerational work.</p>
<ul style="list-style-type: none"> <li>Engage with Age in partnership with Castlereagh CSP and Castlereagh Borough Council will develop two intergenerational projects</li> </ul>	2006	2007	Castlereagh CSP/Engage with Age/ Castlereagh Borough Council/Creagh Primary School	Intergenerational projects have been delivered in association with Cregagh Primary School and with Tullycarnet Presbyterian Church.
<ul style="list-style-type: none"> <li>Engage with Age in partnership with Castlereagh CSP with will host an intergenerational conference to provide information, contacts and support for groups/organisations on intergenerational work</li> </ul>	Mar 06		Castlereagh CSP/Engage with age	An Intergenerational conference took place in March 06.
<ul style="list-style-type: none"> <li>Engage with Age in partnership with Castlereagh CSP will publish an intergenerational document providing information on the experiences of intergenerational activity in relation to improving community safety for older people</li> </ul>	2006	Aug 07	Castlereagh CSP/Engage with Age	Reports are available through Engage with Age on each of the intergenerational activities undertaken.
<ul style="list-style-type: none"> <li>Lisburn CSP will regularly update their intergenerational website to promote and foster community safety and crime prevention</li> </ul>	2004	2007	Lisburn CSP	The website was redesigned and re-launched in September 2007 and is used to convey relevant information to individuals, groups and organisations which make up the local community.

<ul style="list-style-type: none"> <li>North Down CSP in partnership with Age Concern will develop intergenerational programmes between existing youth/older people's groups in North Down</li> </ul>	2006	2008	North Down CSP/ Age Concern	All funded youth programmes are now required to demonstrate intergenerational work
<ul style="list-style-type: none"> <li>Ards Borough Council in partnership with Ards CSP will deliver a system of measures in consultation with local community groups to ensure the annual bonfire celebrations are held in a responsible way reducing associated anti-social behaviour and fear of crime. Some of the measures will include school visits; contact with community groups; interactive evenings; and community fun days. The target areas are: Donaghadee; Millisle; Ballywalter and Portavogie</li> </ul>	2006	2008	Ards Borough Council/Ards CSP	This initiative has been run now over the last two bonfire seasons, managed by the Ards Borough Council's Good Relations Officer. The programme is currently being evaluated. However, early indications are that the programme was a success with reduced levels of anti-social behaviour and less bonfire associated problems to members of the public.
<ul style="list-style-type: none"> <li>Lisburn CSP will support Voluntary Services Lisburn to work with the Probation Board, NIHE and Lisburn City Council to run a clean up programme. This programme will work with ex-offenders, utilising a volunteering mentoring process, to clean up the local area in relation to graffiti and litter etc</li> </ul>	2006	2008	Voluntary Services Lisburn	Voluntary Services Lisburn was supported by Lisburn CSP and funded during 2006/07 for this programme.

**Objective 3: To provide measures to help older people feel more secure in their own home**

Actions	Time-scale Start Finish		Lead Agency	Update on progress Sep 07
<p><b>Lock out Crime Initiative</b></p> <ul style="list-style-type: none"> <li>CSU in partnership with Northern Ireland Housing Executive will continue to deliver the Lock out Crime Scheme to improve security of the homes of older people</li> </ul>	2006	2007	CSU/ NIHE	<p>The Scheme closed to new entrants on 31 March 2007. By 30<sup>th</sup> June additional home security measures had been installed in the homes of all those who applied prior to the cut off date.</p>
<p><b>HandyVan Scheme</b></p> <ul style="list-style-type: none"> <li>The CSU in partnership with Age Concern and Help the Aged will support a pilot HandyVan project in the Greater Belfast area. The HandyVan Scheme provides home safety and security to older people in the community where the aim of the scheme is to make the homes of older people safer and more secure through the provision of a range of security and safety products</li> </ul>	2006	2011	CSU/Age Concern/Help the Aged	<p>This Scheme has been operational since March 2006. A new scheme has been introduced in Dungannon and further schemes are being considered by Community Safety Partnerships. The handyvan scheme will be evaluated in March 2008. Following this a decision will be made on its future.</p>

**Objective 4: To expand on information available to aid decision-making and inform practice**

Actions	Time-scale Start    Finish		Lead Agency	Update on progress Sep 07
<p><b>Development Work/ Research</b></p> <ul style="list-style-type: none"> <li>Down CSP will liaise with local groups to determine levels and scale of fear. Two groups will be targeted annually</li> </ul>	Sep 06	Aug 07	Down CSP	Down CSP have established a local Community Safety Network which brings together representation from a wide range of community groups tackling crime, anti-social behaviour and fear of crime. The Network has also extended to include any Neighbourhood Watch groups in existence.
<ul style="list-style-type: none"> <li>Belfast Healthy Cities in partnership with Age Concern will complete a literature review of the links between fear of crime and mental health and well-being as well as carry out a survey with older people on factors influencing fear of crime and the effects on health and wellbeing</li> </ul>	2006	2008	Belfast Healthy Cities/ Age Concern/ Lisburn CSP	BHC carried out a literature review of the links between the fear of crime and mental health. This review was incorporated as part of the consultation response to the Community Safety Unit "Proposals for the Safety of Older People" action plan in October 2007. BHC plan to circulate this literature review widely to partners.
<ul style="list-style-type: none"> <li>Ards CSP in partnership with West Winds interagency group will carry out a community safety audit in the West Winds Estate to identify the community safety needs/issues relevant to that area. Based on this audit a community safety strategy will be developed and projects developed to address the needs/issues identified</li> </ul>	2006	2008	Ards CSP/ West Winds interagency group	The community safety audit was completed in March 2007 and it is anticipated that an intergenerational project will result from the audit. Preparation for the project is underway.

# Fuel Poverty Action Plan

## Objective 1: To increase awareness of fuel poverty issues and share effective practice

### Background

In 2005/06 local community of interest groups were established within each HSC Trust area to explore ways to address fuel poverty within their area. These were facilitated by IfH managers within each of the HSC Trust areas.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<p><b>Eastern Area Community of Interest Group Action</b></p> <p><b>Communication</b> The Eastern Area Fuel Poverty Community of Interest Group will:</p> <ul style="list-style-type: none"> <li>• Develop a communication strategy for the Eastern Area Fuel Poverty Group on fuel poverty issues. This will include:               <ul style="list-style-type: none"> <li>○ Development of mechanisms for the Eastern area which facilitate communication between local HSC Trust areas on fuel poverty action and provide a vehicle to influence change within local area, regional services and policy development. This may include the use of: newsletters; flyers; e-mail; circulars; workshops; Wellnet website</li> </ul> </li> </ul>	May 06	2007	Eastern area fuel poverty group	<p>A draft communication strategy is in place – this was developed by North and West Belfast IfH fuel poverty group.</p> <p>Workshops/ seminars have been held to raise awareness of fuel poverty issues and aid communication across the EHSSB area. The development of a newsletter is planned for 2008.</p>
<ul style="list-style-type: none"> <li>○ Accessing existing pathways for influencing Government spending on fuel poverty issues e.g. through the NI Fuel Poverty Advisory Group</li> </ul>	May 06	2007	Eastern area fuel poverty group	<p>A fuel poverty debate was held in May 2007 with the new assembly. Lobbying Government is part of the core ongoing work of NEA. In South and East Belfast and Castlereagh a fuel poverty awareness raising publication was developed through the locality Fuel Poverty Community of Interest group. The purpose of this publication was to inform key local stakeholders of the locality fuel poverty needs and circumstances. This publication was sent to Belfast and Castlereagh MLAs and Councillors.</p>

<ul style="list-style-type: none"> <li>○ Identifying mechanisms for engaging with the media (newspapers, radio, TV etc) to address fuel poverty and affordable warmth issues</li> </ul>	May 06	2007	Eastern area fuel poverty group	Funding has been secured from EAGA to help with advertising of fuel poverty issues.
<ul style="list-style-type: none"> <li>○ Development of a database of agencies/ organisations/groups/individuals who should be kept informed of all fuel poverty/affordable warmth activity</li> </ul>	May 06	2007	Eastern area fuel poverty group	National Energy Action (NEA) hold a database of relevant organisations/agencies.
<p><b>Information sharing</b> The Eastern Area Fuel Poverty Community of Interest Group will:</p> <ul style="list-style-type: none"> <li>• Using appropriate language and key messages/strap lines, develop an information resource, suitable for a range of sectors, to increase awareness of the issue of fuel poverty and the available schemes and programmes currently used to tackle the issue. It is envisaged that the Health Promotion Agency (HPA) toolkit will form the basis of this information resource pending confirmation from the HPA</li> </ul>	Sep 06	Sep 07	NEA NI	An evaluation of the fuel poverty toolkit developed in 2004 is currently being undertaken by the Health Promotion Agency.
<ul style="list-style-type: none"> <li>• Present the learning from work addressing fuel poverty and affordable warmth issues in relation to older people within the Eastern Area partnership at an older peoples conference to be run by IfH/ Health Promotion forum/BHC starting 2007 (see health promotion action plan)</li> </ul>	2007	yearly	Eastern area fuel poverty group	A conference is provisionally planned for June 2008.
<ul style="list-style-type: none"> <li>• Identify existing and projected sources of resource to address fuel poverty and share this information with Eastern Area group members</li> </ul>	2006	ongoing	DSD/Eastern area fuel poverty group	This information sharing process is ongoing – the main source of funding is the NIE Levy.
<p><b>Additional Local IfH Community of Interest Group Action</b> Local IfH Fuel Poverty Community of Interest Groups will:</p> <ul style="list-style-type: none"> <li>• Extend and further develop, where appropriate, the existing networks and partnerships on fuel poverty and affordable warmth issues</li> </ul>	ongoing		Local fuel poverty groups	This is a core function of NEA and work continues to raise awareness of fuel poverty issues and establish projects to tackle fuel poverty.

<ul style="list-style-type: none"> <li>• Increase awareness within organisations on fuel poverty issues <ul style="list-style-type: none"> <li>○ Use existing channels of sharing information internally within organisations to spread the message on fuel poverty</li> <li>○ Generate a list of potential key partners who can assist in the dissemination of information and raising awareness e.g. leisure centres and community centres.</li> </ul> </li> </ul>	ongoing		Local fuel poverty groups	South and East Belfast and Castlereagh fuel poverty Community of Interest (COI) commissioned a DVD that documented the work of the 'Warm Start' Project developed during 2006/07. This DVD was sent to the COI organisations and DSD.
<ul style="list-style-type: none"> <li>• Arrange and support local information sharing, planning workshops and other activities to enable access to current and accurate information on fuel poverty</li> </ul>			Local fuel poverty groups	Steering groups established to manage local projects meet on a quarterly basis – this contributes towards the sharing of information.

**Objective 2: To develop action which will increase the number of households who have access to energy efficiency measures in their home**

**Energy Efficiency measures – Background Information**

Since 2001 the Department for Social Development (DSD) have run through EAGA (provider of energy efficiency solutions) a “Warm Homes” scheme. In 2006/07, £20.3 million has been allocated to this scheme.

In addition, funding is provided through the Energy Efficiency Levy and managed by Northern Ireland Electricity for energy efficiency measures to be delivered at a local level to tackle the issue of fuel poverty. In 2006/07 26 different agencies/ organisations will be funded for this purpose. The Energy Efficiency Levy fund is collected and managed by Northern Ireland Electricity. Each NIE customer pays a levy on their bill of around £5 per customer. This provides a fund of approximately £3.6m which is used to promote energy efficiency. 80% of the fund is ring fenced for fuel poor households. Organisations in the public, private, voluntary and community sector can develop energy efficiency projects and bid for funding from the levy.

In relation to social housing, the Housing Executive is currently replacing inefficient and costly coal and Economy 7 systems in their properties with more efficient gas and oil systems. The local district office can advise on when replacements in particular dwellings are likely to occur. Social Housing tenants can also apply to have their heating systems replaced through the welfare system when they can no longer manage coal fires.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<p><b>Eastern Area Community of Interest Group Action</b></p> <p>The Eastern Area Fuel Poverty Community of Interest Group will:</p> <ul style="list-style-type: none"> <li>• Develop ways to increase referral pathways to the regional “Warm Homes” scheme</li> <li>• Share experiences and information across the 4 LfH locality areas with regard to local action to increase referral pathways to the regional “Warm Homes” scheme during meetings of the Eastern Area group</li> </ul> <p><i>(The Eaga Partnership has recruited a Referral Co-ordinator, who will be the point of contact for any referral activity to the Warm Homes Scheme through the fuel poverty group)</i></p>	April 06	Review yearly	Eastern Area fuel poverty group	<p>Information on the Warm Homes Scheme was sent to over 500 households in the South and East Belfast and Castlereagh areas.</p> <p>The Eastern Area Fuel Poverty Community of Interest Group met in November 2006 to share experiences and discuss in more detail the role of renewables to tackle fuel poverty.</p>

<p><b>Local IfH Community of Interest Group Action</b></p> <p>Local IfH Fuel Poverty Community of Interest Groups will:</p> <ul style="list-style-type: none"> <li>• Develop proposals at a local level to increase referrals to the Warm Homes scheme. This will include: <ul style="list-style-type: none"> <li>• Raising awareness amongst health professionals on referral mechanisms to the Warm Homes scheme</li> <li>• Assisting in the dissemination of information on the Warm Home scheme</li> <li>• Supporting older peoples groups/fora in disseminating information to older people (ensuring that groups are made aware of current waiting lists for the Warm Home scheme when providing information to older people)</li> <li>• Identifying areas which need to be targeted for fuel poverty projects</li> </ul> </li> </ul>	<p>April 06</p>	<p>Ongoing</p>	<p>Local fuel poverty groups</p>	<p>Awareness raising seminars have been held by NEA in locality areas – this has included information on the Warm Homes Scheme.</p> <p>An Eastern area Investing for Health Fuel Poverty Seminar was held 9 October 07. This focused on strengthening the connections across the sectors. The ‘Northern Exposure’ project in North Belfast continues to be funded by Investing for Health. This project will be expanded to West Belfast in 2008.</p>
<p><b>Specific Action for North &amp; West Belfast IfH Area Background</b></p> <p>Work began in 2005 to develop a project called Northern Exposure. This proposal aims to implement energy efficient measures - 20 households will benefit from both heating and insulation measures and 20 households from insulation measures. Initial work has begun to identify the existing networking and supporting infrastructure in inner North Belfast</p> <p><b>Action</b></p> <ul style="list-style-type: none"> <li>• During 2006 this project will be piloted in the Newlodge; Duncairn; Ardoyne; Crumlin; and Water Works areas of North Belfast</li> <li>• The project will ensure that income maximisation is a central plank to the project due to the fact that low income is 50% of the fuel poverty problem</li> <li>• The project will continue to explore income maximisation and develop connections with the key agencies involved to deliver increased income to those in fuel poverty</li> </ul>	<p>2006</p> <p>2006</p> <p>2006</p>	<p>2007</p> <p>2007</p> <p>2007</p>	<p>NEA/N+W fuel poverty group</p> <p>NEA/N+W fuel poverty group</p> <p>Eastern area partnership</p>	<p>NEA currently lead on the work within N+W Belfast and there is a dedicated worker to implement energy efficiency measures over a 3 year period. Money has been obtained from the Levy as well as Investing for Health to undertake this work.</p> <p>Further levy funds was received for 07/08 period to install a range of measures in the locality.</p> <p>The Northern Exposure project continues to work on this objective in Inner North Belfast – NEA is the lead organisation. The Fuel Poverty Community of Interest (COI) Group is linking with the Poverty COI to develop this work.</p>

<ul style="list-style-type: none"> <li>The West Belfast Partnership Board will establish an advisory steering group to develop a pilot project which focuses on energy efficiency, affordable warmth and financial health issues with tenants living in social housing and the private landlord sector</li> </ul>	2006	2008	West Belfast Partnership Board	This project is being re-established since new staff have come into post.
<p><b>Specific Action for South &amp; East Belfast IfH Area</b></p> <ul style="list-style-type: none"> <li>In 2006 the Warm Start project will continue to work in South &amp; East Belfast to provide a package of insulation measures for 50 families with young children <ul style="list-style-type: none"> <li>The Warm Start Project will refer, where possible, households to existing fuel poverty schemes such as Warm Homes and Help the Aged, NIHE Welfare Teams and sign post to advice centres and other agencies were necessary</li> <li>A video diary of the Warm Start Project will be launched and workshops at this event used to develop a Community of Interest to drive work on fuel poverty forward</li> </ul> </li> </ul>	2006	2007	NEA/ S+E fuel poverty group	<p>The Warm Start Project ensured that 55 households with occupants that were identified as fuel poor received a complete new heating system and related energy efficiency interventions.</p> <p>500 households received information on the regional Warm Homes Scheme. 15 presentations were made to older peoples groups and organisations locally.</p> <p>14 organisations continued to meet via the locality fuel poverty community of interest. A locality needs publication was developed and disseminated.</p> <p>South and East Belfast and Castlereagh fuel poverty Community of Interest commissioned a DVD that documented the work of the 'Warm Start' Project run during 2006. This DVD was sent to the COI organisations and DSD.</p>
<p><b>Specific Action for North Down and Ards IfH Area</b></p> <ul style="list-style-type: none"> <li>In 2006 the project partners will use the information from the Baseline Profile for North Down &amp; Ards, due to be completed by March 31<sup>st</sup> 2006, as the basis for targeting action in the area. It is anticipated that this will include targeted awareness raising and consideration of the need to apply for money from the energy efficiency levy for measures for the locality</li> </ul>	May 06	Mar 07	North Down and Ards fuel poverty group	NEA have run awareness raising sessions in the North Down and Ards area. The Community of Interest group in January 2007 produced a calendar on fuel poverty setting out hints and tips throughout the year on energy efficiency measures. This calendar was distributed to around 1500 older people via senior citizen's groups, HSS resource centres, community

				networks and the Community Development and Health Workers during January 2007. The group has also held awareness raising sessions during energy efficiency week. The group are reviewing their action plan at present with the intention of developing new actions for the next 12-18 months. This may include a bid for levy funds.
<p><b>Specific Action for Down and Lisburn IfH Area</b></p> <ul style="list-style-type: none"> <li>The Down and Lisburn Community of Interest Group will pilot a 'Warm Start' scheme (run by Age Concern) with 20 private owner households in Dunmurry and Newcastle areas. All will include older people</li> </ul>	2006	2007	Down and Lisburn fuel poverty group/ Age Concern NI	<p>A Warm Start Project was piloted 2006 – 2007 providing 20 older people in the Dunmurry and Newcastle areas with home heating improvement measures. In addition a number of benefit workshops have been provided to increase the income of older people living within these areas.</p> <p>In 2007-2008 the Fuel Poverty Project was extended across the whole of the Down Lisburn areas and also broadened to include families with children and vulnerable adults. This project is currently ongoing. Both projects are the result of the work of an interagency fuel poverty partnership group with financial support from the NIE Levy Scheme.</p>

**Objective 3: To increase awareness of fuel poverty issues through training and information**

Actions	Time-scale Start Finish		Lead Agency	Update on progress Sep 07
<p><b>Eastern Area Community of Interest Group Action (2006/09)</b></p> <ul style="list-style-type: none"> <li>Belfast Healthy Cities in partnership with HSC Trusts will develop and deliver a training programme for lead contact people for older people within organisations. This programme will include training on the wider determinants of health for older people and provide information on other services available to older people on the issues of home safety, community safety, housing, transport, fuel poverty and health promotion. The Eastern Area Fuel Poverty Community of Interest Group will contribute to the fuel poverty section of this Training Programme</li> </ul>	Mar 07	Sep 08	BHC/Eastern Area fuel poverty group	To be developed/delivered in 2008.
<ul style="list-style-type: none"> <li>Belfast Healthy Cities (BHC), Belfast City Council, the Local Commissioning Group, Investing for Health partnership, the new Belfast Health and Social Care Trust and older people will explore the development of an integrated information demonstration project. The Eastern Area Community of Interest group will contribute to the fuel poverty information aspect of this work using elements of the HPA/NEA fuel poverty toolkit developed in 2005 where appropriate</li> </ul>	Mar 07	Sep 08	BHC/ Eastern Area fuel poverty group	Belfast Healthy Cities are currently developing fuel poverty leaflets that will be a part of a wider resource pack for older people. This work is due for completion June 08.
<ul style="list-style-type: none"> <li>The Housing Executive has an ongoing internal training programme to update staff on energy efficiency, fuel poverty and the potential for renewables in reducing fuel bills. The Housing Executive will provide awareness training on any of these subjects to any organisation upon request</li> </ul>	Ongoing		NIHE	All NIHE District Offices and Grants staff have received this training. Updates will take place from time to time.

<ul style="list-style-type: none"> <li>NEA will provide a range of training throughout the four IfH areas within the EHSSB. This will include short training programmes, as well as provision of more comprehensive training activity, leading to qualification. NEA NI estimates that 10 days will be required to provide training. In addition, one NEA/City and Guilds training programme and examination will also be provided. The four IfH local fuel poverty groups will identify venue and attendees</li> </ul>	Sep 06	Sep 07	NEA	NEA have completed training in S+E Belfast and Down and Lisburn areas.
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**Objective 4: To ensure there is coordinated approach to tackling the issue of fuel poverty across the Eastern area through partnership working**

**Background: funding**  
 Currently short term funding is provided on a yearly basis through the Energy Efficiency Levy managed by Northern Ireland Electricity for energy efficiency measures to be delivered at a local level to tackle the issue of fuel poverty. Currently in 2006/07 26 different agencies/ organisations have been funded for this purpose.

Actions	Time-scale		Lead Agency	Update on progress Sep 07
	Start	Finish		
<ul style="list-style-type: none"> <li>Local community of interest groups will develop actions plans on a yearly basis to tackle the issue of fuel poverty</li> </ul>	April 06	Yearly	Local fuel poverty groups	Action plans are developed yearly.
<ul style="list-style-type: none"> <li>The Eastern Area fuel poverty group will develop indicators for success around fuel poverty, affordable warmth and energy efficiency</li> </ul>	April 07	2008	Eastern Area fuel poverty group	An evaluation of the Northern Exposure project is planned for 2008.
<p><b>Funding</b></p> <ul style="list-style-type: none"> <li>The Eastern area fuel poverty group will meet on a yearly basis with NIE to assist in the coordination and distribution of funding in an equitable way. This will be achieved by:             <ul style="list-style-type: none"> <li>Agreeing the dissemination process on information relating to this funding</li> </ul> </li> </ul>	June 06	Yearly	Eastern Area fuel poverty group/ NIE	Members of the Fuel Poverty Community of Interest Groups attend an annual event held by NIE with the aim of engaging with stakeholders to identify need and issues arising with funding.

<ul style="list-style-type: none"> <li>○ Identifying gaps in allocation of resources to areas of need to ensure equitable allocation</li> <li>○ Influencing criteria used for selecting successful funding proposals/ applications</li> </ul>				
<ul style="list-style-type: none"> <li>• DSD will provide on an annual basis a list of organisations that have been successful in applying for NIE funding. This will be disseminated through local Community of Interest groups with the purpose of informing organisations about what other projects/services are available that they could potentially refer people on to</li> </ul>	Feb/Mar 06	yearly	DSD	Lists for 2006/2007 and 2007/2008 were forwarded to local community of interest groups via IfH managers.
<ul style="list-style-type: none"> <li>• The Eastern area fuel poverty group will submit a response to the consultation on DSD's information and Advice Services Strategy</li> </ul>	April 06		Eastern Area fuel poverty group	NEA submitted a response on behalf of the Eastern area group.
<ul style="list-style-type: none"> <li>• The Eastern area fuel poverty group will submit a response to the consultation on the Energy Efficiency Levy Fund</li> </ul>	Sep 06		Eastern Area fuel poverty group	NEA submitted a response on behalf of the Eastern area group.

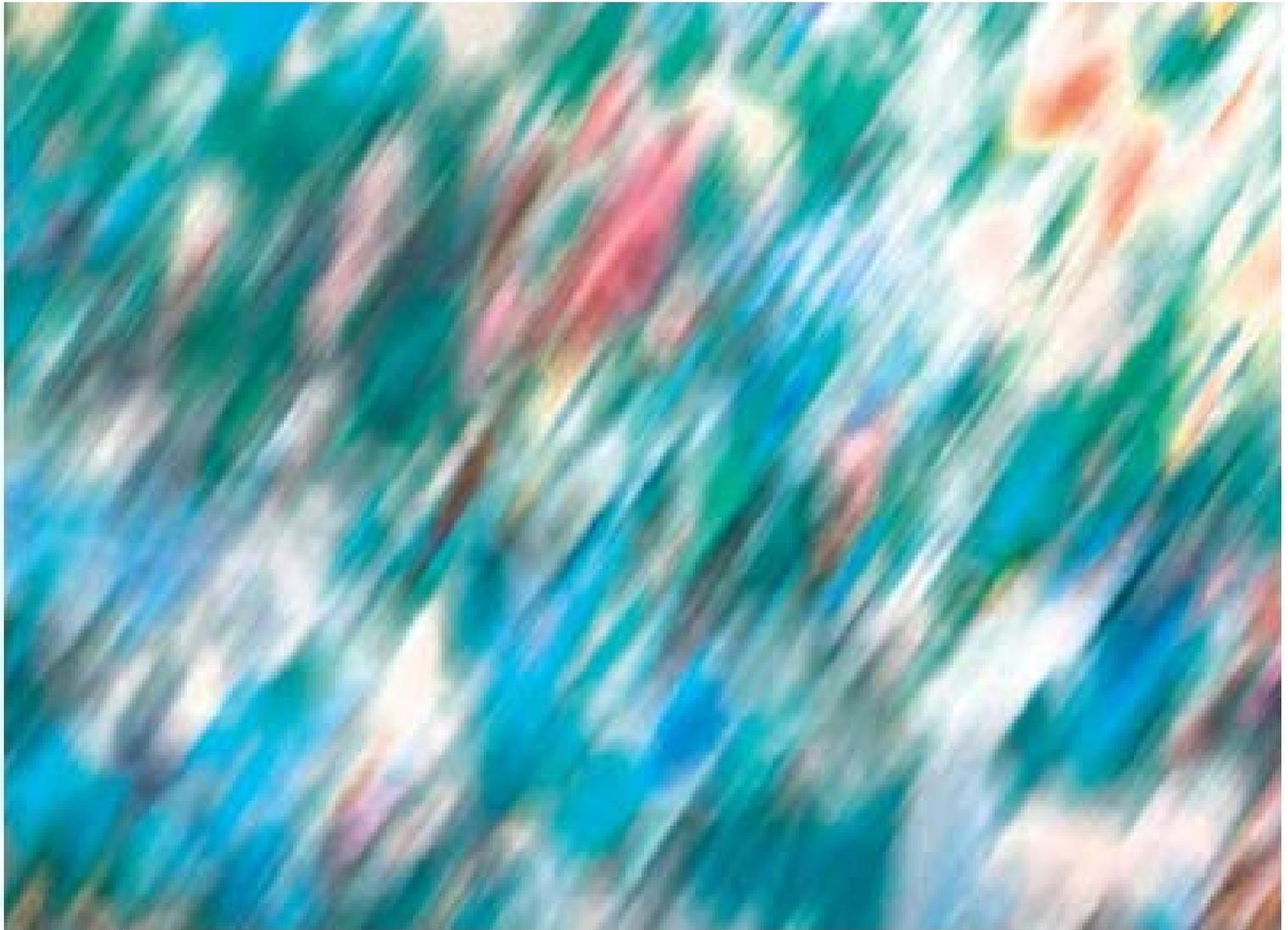




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