









Annual Review 2016-17







represented Belfast within the WHO European Healthy Cities Network since 1988, working stakeholders across the city, to deliver actions that fulfil the goals of the WHO European Healthy Cities Network Phase VI (2014-2018).

Belfast Healthy Cities has almost 30 years of experience in challenging health inequalities, improving health and wellbeing for all our citizens and in working in partnership with Government at all levels.

#### **Vision and Mission**

#### **Our Vision**

Our vision is to be a leader in creating a healthy, equitable and sustainable city.

#### **Our Mission**

Our mission is to promote health and wellbeing, provide inspiration and facilitate innovative collaborative action and good policies through:

- leadership and learning from the WHO European Healthy Cities Network.
  supporting research, sharing evidence and building capacity.
- introducing and piloting innovative concepts and approaches.
- maximising partners impact on health and inequalities.

# Chairperson's Report Dr David Stewart

I am very pleased to present this annual report which describes a year of significant achievement by Belfast Healthy Cities. As the new chair, I would like to thank our previous chair, Nigel McMahon, for his excellent leadership over the past three years. During this period, Belfast Healthy Cities continued to develop in

its roles at both international and local levels including making a successful bid to host the 2018 International Healthy Cities Conference in Belfast. We are looking forward to the challenge of hosting this exciting event in October 2018.

Within the World Health Organization (WHO) European Healthy Cities Network, Belfast Healthy Cities plays a pivotal role through the hosting of the network secretariat at our office. In this role we have supported the evaluation of progress within cities in Phase VI (2014-2018) of the network. The network is continuing to expand and, during 2016/17, a further 20 cities made successful applications to join. There are now 103 cities in the network which provides excellent opportunities to share experience in approaches to improving health and wellbeing in cities. The work of the network is increasingly being aligned with taking action towards the achievement of the United Nations Sustainable Development Goals. These 17 goals are a universal call to action to end poverty, protect the planet and ensure that all people enjoy peace and prosperity.

Through our work, Belfast Healthy Cities seeks to support both regional and city strategies for improvement. Our programmes align with Making Life Better (2013 - 2023), the 10 year public health strategic framework to improve the health and wellbeing of people in Northern Ireland. We look forward to making a significant contribution to The Belfast Agenda, the new vision for Belfast for the year 2035.

During 2016/17 we worked with our partner organisations to take forward our agreed programmes of work. Our progress in each programme is described in this report. We were delighted that Belfast has been chosen to host the UK Health Literacy conference in 2018, a clear mark of achievement by the team leading our work in this area.

The work of Belfast Healthy Cities could not move forward without the excellent support of many people and organisations. I would like to thank Ministers, Permanent Secretaries and government departments, City Council elected members, Chief Executive, senior staff, partner organisations and the many individuals and organisations who have contributed to the work of Belfast Healthy Cities during 2016/17.

I would also like to thank my colleagues on the Board of Directors for all their involvement in the work of the organisation. I would like to pay a particular tribute to our Chief Executive, Joan Devlin and our team of dedicated staff who make a huge commitment to delivering our work in improving health both in Belfast and across Europe.

Dr David Stewart Chair



# Phase VI Close Une constraints

## Chief Executive's Report Joan Devlin

We continued to focus this year on sharing knowledge, and strengthening capacities of all sectors to achieve better, more equitable health and well-being across the city and Northern Ireland. Our pioneering cross sectoral training programmes on health literacy and reducing inequalities were hugely successful, and in such demand

inequalities were hugely successful, and in such demand that we will roll them out again regionally in early 2018. It was a privilege to work closely with colleagues in University of Groningen, the Netherlands, Derry/Strabane Healthy Cities and the Community Development & Health Network in delivery the training.

Addressing inequalities and improving health and well-being requires changing the way in which organisations work individually and collectively. Through our capacity building programmes, organisational efforts are increased and policies refined to ensure 'striking inequalities' can be challenged.

Our programme on child friendly places has gone from strength to strength. The model has been adapted by Council and others, developing family fun days across the city. The demand to hear about our experience has led to participation in a number of European Conferences and case studies in WHO global publications.

Our evidence based publications responding to the Local Development Plan and the Belfast Agenda, firmly emphasise the potential that planning and community planning agendas have to improve health and well-being and reduce inequalities for all ages.

Adopting a collaborative approach to improving environments for health is the way forward, but remains a challenge for many organisations. Our long intersectoral experience tells us it works best when united by a common goal and the Teaching Resource, developed with schools, NIHE and PHA, is an excellent example of such.

Throughout the report, you will see highlights of our programmes delivered locally and how the city is promoted across WHO Europe. It is our privilege to hold the WHO Belfast Secretariat role and to represent the city at many WHO Conferences across Europe. Our programmes are delivered through our partner organisations and facilitated by a small committed team whose skills and resilience operate in an innovative and changing environment. Our Board of Directors provide strategic direction.

My thanks to the staff team for their enthusiasm and dedication; to the Board of Directors for their encouragement and commitment; special thanks to the chair who provides leadership and inspiration to all of us. Collectively it has been another successful and busy year and I very much look forward to working with colleagues in delivering a successful World Health Organization International Healthy Cities Conference in Belfast in 2018.

Joan Devlin Chief Executive

# Regeneration & Healthy Urban Environments



#### **Place Standard**

The Scottish Place Standard is a tool developed to support agencies across sectors to engage communities in place based decision making, to gather local evidence and information and assist in priority setting. Training on the tool, jointly hosted by NHS Health Scotland and the WHO European Healthy Cities Network, took place in Edinburgh 27-28 September. Jonna Monaghan was accompanied by Geraldine McAteer, Chief Executive of West Belfast Partnership and Belfast City Councilor, to the event.

Interest in piloting the tool has been explored with Belfast City Council and all four Belfast Area Partnerships, with particular interest expressed by Belfast City Council in relation to the Ulster University campus regeneration community engagement work. Plans are underway to bring members of the intersectoral Place Standard team to Belfast for information and training in 2018.

#### Regeneration & Healthy Urban Environments (RHUE) group / Healthy Places group

Following consultation with group members, the RHUE and Child Friendly Places groups have now merged, as Healthy Places.

#### Book chapter in publication on Healthy Urban Environments

Belfast Healthy Cities contributed a chapter on the Belfast experience of developing HUE work in a book being edited by a team of Italian academics. The content focuses on developing relationships and strengthening understanding through demonstration initiatives.

#### Royal Town Planning Institute Urban Thinkers Campus

Jonna Monaghan presented our work on child friendly places in a workshop at the international Urban Thinkers Campus in Belfast 31 May-1 June. The workshop focus was on 'How can inner city communities be healthy'.

#### Belfast Agenda and LDP Preferred Options Paper

Belfast Healthy Cities held a breakfast seminar held in City Hall on 29 June to launch consultation responses to Belfast City Council's Belfast Agenda and Local Development Plan (LDP) Preferred Options Paper. The seminar was attended by a number of Councillors and senior decision makers from across the City.

Tackling Inequalities in a Fast Changing City: Health at the Heart of the Belfast Agenda highlights how the Belfast Agenda can maximise its impact on reducing inequalities across the city. The publication provides examples and outlines policy directions targeting inequalities while meeting the wider aims of the Belfast Agenda. Its emphasis is on joined up approaches across priorities, which



are found essential to achieve sustainable outcomes.



A Plan Fit for Children: Health at the Heart of the Local Development Plan provides an overview of how the LDP can meet its aim to create a livable, healthy and prosperous city, through a focus on child friendly places. This publication focuses on evidence and examples illustrating how children's needs can be at the heart of the Plan in a way that enhances its other aims.

#### **UK-Ireland Planning Research Conference**

Belfast Healthy Cities hosted a roundtable on Child Friendly Places: The State of the Art, at the UK-Ireland Planning Research Conference organized by Queen's University Belfast 11-13 September. Chaired by Dr David Stewart as Chair of Belfast Healthy Cities, the roundtable included presentations by Dr Neil Galway, QUB on current examples and links to policy; Fearghal Murray, MMAS Architects on work in a north Belfast interface area on reimagining the spaces; and Belfast Healthy Cities on experience to date. Professor Geraint Ellis, QUB acted as discussant in the session, which offered an opportunity to explore future directions for practice as well as research.



# Contribution to ARUP 'Living Cities' series

Belfast Healthy Cities was invited to share experiences with a team from ARUP developing a guidance book on child friendly places, as part of a series on emerging key future themes. The work will be featured as a case study and the experiences of Belfast Healthy Cities will inform recommendations in the book.

# Royal Town Planning Institute (RTPI) collaboration

The 2017-18 teaching resource roll out will include an award for the best proposal, in a collaboration with Royal Town Planning Institute (RTPI). RTPI will sponsor an award, initially for 2017-18 but with potential for an extension.

#### **KidsSpace**

Three KidsSpace events were delivered in August-September. These included an event in St Anne's Square as part of the First Thursday's initiative of the Destination CQ Business Improvement District; an event delivered as part of a community fun day in the Care Zone area, and an event supporting Culture Night, which was attended by approximately 700 people. Exploratory meetings have taken place with Belfast City Council to consider child friendly places within the city centre.



#### European Healthy Cities Business and Annual Technical Conference 1-3 March, Pécs, Hungary

The Child Friendly Places approach along with the teaching resource were presented at the annual conference in Pécs and were well received. Interest from a number of cities to pilot or adapt the resource, and work is underway to identify potential partnerships and options to share the resource across the European Network.



#### Climate change and health

#### Climate NI Health and Wellbeing Network

The new group operating as an intersectoral network has been established and a number of initial activities explored. The initial focus will be on developing and piloting a virtual information sharing network, which will be supported by Climate NI.

An online information sharing platform has been developed to initiate the network and encourage a wider range of stakeholders to participate in activities. The platform is initially being piloted with members of the former Climate Change and Health Partnership.



#### **Demonstration Projects**

Several demonstration projects have arisen from the Healthy Places, Healthy Children schools project in 2016. Schools within the 'Care Zone' area have been supported by Clanmil Housing and local Councillors in developing outdoor classroom space and painting school railings.

Northern Ireland Housing Executive is liaising with those schools who took part in the 2017-18 pilot to explore options for developing proposals further.

St Kevin's Primary School, which participated in the 2015-16 Healthy Places, Healthy Children pilot, successfully applied for an Active Belfast grant of £9000 to make their playground more child friendly.





# Healthy Places, Healthy Children

#### Teaching resource pilot 2016-17

A second stage pilot of the schools' resource was undertaken and included rural and semi-rural schools. Teacher training to support delivery of the resource took place for schools, and professionals from Queen's University Belfast (QUB), Belfast City Council (BCC), Northern Ireland Housing Executive (NIHE) and the Public Health Agency (PHA) attended to discuss children's initial proposals and answer questions from the teachers. The children's work generated some interesting discussion. QUB also presented on the area of child friendly places and demonstrated examples of good practice and examples from further afield. BCC presented on the Belfast Agenda and Local Development Plan. Belfast Healthy Cities also facilitated teacher training in the Derry/Strabane area. Six schools from this area will take part in the project.

Refinement of the tool following the 2016-17 pilot has been completed; elements added to the resource include a focus on air quality and noise, which are key issues in the Sustainable Development Goals (SDGs). A new publication highlighting the proposals of the schools piloting the resource and the resource development process has been added to the pack to provide a record that can also act as a stand-alone publication demonstrating the approach.

# Healthy Places, Healthy Children - Celebration events

As over 400 children participated in the pilot, two celebration events were organised to celebrate the work of the children and give them a platform to present proposals developed as part of the teaching resource to senior decision makers and elected representatives.

The celebration events were held in Girdwood Community Hub and we were delighted that the Lord Mayor, Cllr Nuala McAllister, was able to attend both events. It was also very positive that nominees from the Council's Area Working Groups for North, South, and West Belfast were able to participate in the panel providing feedback to schools. Cllr Geraldine McAteer, Cllr Charlene O'Hara and Cllr JJ Magee participated. The panel at each event consisted of representatives from the Public Health Agency (PHA), Northern Ireland Housing Executive (NIHE) and Belfast City Council (BCC) Planning Team.

A separate event was organised for St Mary's Kircubbin by Ards and North Down District Council, involving the Mayor and Council directors. Derry and Strabane Healthy Cities also hosted an event for schools participating in the pilot in the Derry City and Strabane District Council area. Belfast Healthy Cities participated in both events, which highlighted opportunities to continue developing and rolling out the resource regionally.





#### **Health Literacy Communication Training for Health Professionals**

More than 30 participants took part in the Health Literacy Communication Training pilot programmes, which took place in Belfast and Derry & Strabane. The programme was delivered in partnership with Community Development Health Network and participants were encouraged and supported to develop action plans to sustain behavioural change on health literacy within their organisations.

This pilot programme included a research element in the form of a series of questionnaires. The research element is coordinated by University Medical Centre Groningen, and a report is expected in 2018. A request for a separate report of findings for Northern Ireland will be made to support development of future options for work on health literacy. Participants developed action plans as a result of their training which were reported to the university as part of the pilot.



#### **UK Health Literacy conference**

Belfast will host the UK Health Literacy conference, entitled 'Health Literacy – Making Life Better' on Friday 16 February 2018. The Chief Medical Officer will provide the opening address for the conference and Don Nutbeam, Professor of Public Health at the University of Sydney and a leading expert in developing the health literacy concept, will provide the keynote address. The Health Literacy working group will assist in the planning of the conference.

Training on health literacy with professional groups and community members will form part of the programme in 2018.



## Health Equity in All Policies

**Reducing Inequalities: Getting Results** seminar



The 'Reducing Inequalities: Getting Results' seminar took place at Queen's University Belfast on 18 January 2017. More than 100 professionals came together to hear speakers from Slovenia and Manchester share their experience of tackling inequalities through direct policy action and preventative measures. Delegates were welcomed by Cllr Tim Attwood, Deputy Chair of the Strategic Policy and Resources Committee of Belfast City Council.

The key speaker was Dr Mojca Gobec, Public Health Director General at the Ministry of Health, Slovenia, which has been highlighted of effectively reducing inequalities. Other speakers included Paul Etches, Area Manager, Greater Manchester Fire and Rescue Service: Malachy Corcoran, Assistant Principal Officer, Health and Wellbeing Programme at the Department of Health in the Republic of Ireland, and Mark Browne, Director of Strategic Policy, Equality and Good Relations in The Executive Office.

#### Reducing Inequalities: Getting Results Flagship Training Programme

The pilot of this programme was completed with a total of 20 participants from key partner agencies as well as a number of voluntary sector agencies. Feedback from participants was positive and identified an interest to develop in house programmes, including short taster sessions and introductory half day programmes on reducing inequalities.

We were grateful to the Chief Medical Officer, Dr Michael McBride, and Chief Executives of our partner organisations for their support with the programme. A new programme will run in early 2018.

#### Belfast City Council's locality planning pilots

We provided initial support to a Locality Planning pilot in Whiterock, west Belfast and also in Belvoir and Milltown.

#### Care Zone

Belfast Healthy Cities are supporting the development of the Care Zone initiative in north Belfast, led by Jo Murphy, Lighthouse and other local groups, which forms part of implementing recommendations from the Future Search process on addressing suicide. The contribution has included development of an initial draft profile of the area, collating statistical data at local area level to support action planning for the Care Zone area. A qualitative element exploring community views is also being developed.

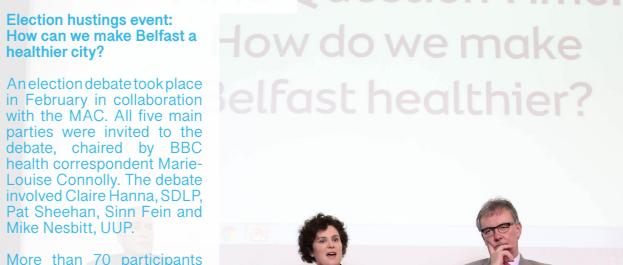
#### **Care Zone Community event**

Belfast Healthy Cities hosted KidsSpace as part of a community event in August, building on the success of the Action Cancer Bus and Concert for Hope, organised locally.

# Policy & Public Affairs Question Time:

An election debate took place in February in collaboration with the MAC. All five main parties were invited to the debate, chaired by BBC health correspondent Marie-Louise Connolly. The debate involved Claire Hanna, SDLP. Pat Sheehan, Sinn Fein and Mike Nesbitt, UUP.

More than 70 participants from the wider health sector attended the debate. The diverse discussion at the hustings explored responses to the increasing need for mental health services, options for strengthening collaboration within the



health sector and across sectors, and making breastfeeding a cultural norm in Northern Ireland. The role of city design and planning to create a safer city was also explored, in a discussion that emphasised the role of the built environment in creating child and family friendly cities and encouraging active lifestyles.

#### **Open University - Promoting Public Health**

Belfast Healthy Cities was invited to contribute to a video being developed by the Open University for its Promoting Public Health course. The interview focused on developments in the city and within the Healthy Cities movement over the last 10 years, and will replace a video Belfast Healthy Cities contributed to during Phase IV (2003-2008)

#### Northern Ireland Local Government Association (NILGA) Wellbeing resource

As part of a seminar programme, NILGA invited Belfast Healthy Cities to develop a wellbeing resource for its members. This was followed up with a number of bulletins for members on topics such as methods for community engagement and measurement of wellbeing frameworks.

#### **Healthy City Explorer** bursary

Applications for the 2017 Healthy City Explorer Bursary covered a range high quality. The judging panel awarded the bursary to Dervilia Kernaghan of Cancer Focus NI, who visited Barcelona in November to look at how is provided to older people; how social isolation of older people is addressed, both as preventative measures to cancer prevention.

# Age Friendly Cities

# WHO Healthy Ageing Task Force

Creating Age-Friendly Environments in Europe (AFEE): A tool for local policymakers and planners was presented to Healthy Ageing Strategic Partnership (HASP) Members and suggested as a tool to support the strategic review of the group.

Work is underway to introduce an initial tool for local policy-makers and planners developed by member cities of the Healthy Ageing Task Force to stakeholders across the age sector in Northern Ireland, with a view to developing an action plan to support agefriendly approaches across Northern Ireland.

#### Queens University Belfast Healthy Urban Living and Ageing in Place project (HULAP)

Belfast Healthy Cities is supporting Work Package 6 of this project, which focuses on knowledge exchange between the academic sector and other sectors. Aims and objectives have been completed for a study visit to Curitiba in Brazil, where the project partner university is located, which took place in December. A number of public and voluntary sector partners are also involved.



#### Healthy Ageing Task Force (HATF) Meeting, Udine, Italy



A meeting of the Healthy Ageing Task Force took place in Udine, in October and launched the final Age-Friendly Environments in Europe (AFEE) tools, including: A tool for local policy-makers and planners; indicators, monitoring and assessments; A handbook of domains for policy action.

Future areas of priority were also identified: Silver Economy; Ageing in Place; Road Safety and Mobility; Nutrition and Men's Health.

# PHA Community Active Travel programme

Belfast Healthy Cities is undertaking a series of walkability assessments in each community participating in this project, which is coordinated by Sustrans. The aim of assessments is to provide a baseline for each community identifying barriers and drivers for active travel. Belfast Healthy Cities took responsibility for introducing the assessment process to communities, while a range of marketing materials will also be developed.

#### Walkability Assessment for Healthy Agein

We presented our Age Friendly work to the Belfast City Council All Party Reference Group on Older People in April. A meeting with Transport NI is being organised through IMTAC, to identify how it can support operational delivery. Initial interest to integrate the tool into Department for Infrastructure (DfI) policy has also been expressed, in addition to interest from DfI to build on Belfast Healthy Cities' experience in the area to strengthen policy on walking. A meeting with a representative from DfI, took place in December to explore opportunities and work is underway to follow up on this.

# Belfast - WHO Europe

#### 67th session of the World Health Organization Regional Committee for Europe, Budapest

Belfast Healthy Cities Chief Executive Joan Devlin attended the 67th session of the World Health Organization Regional Committee for Europe, in Budapest, representing Belfast and the WHO European Belfast Healthy Cities Secretariat. Joan took part in a panel discussion entitled 'Roadmap to implement the 2030 Agenda for Sustainable Development, building on the Health 2020 policy framework.' It was the first time, the European Healthy Cities Network was represented at the WHO Regional Committee Meeting, alongside the 53 member states of WHO Europe.

The event examined opportunities and challenges for 21st-century public health in implementing the Sustainable Development Goals and the Health 2020 policy framework and also included progress reports on the implementation of the European action plan to reduce the harmful use of alcohol 2012-2020, the European food and nutrition action plan 2015-2020, and the European mental health action plan. The Prime Minister of Greece and the deputy Prime Minister of Turkey presented their experiences on promoting health amidst the respective migrant and economic crises.



# Belfast - WHO Europe

Annual Meeting of the Healthy Cities National The Sixth Ministerial Conference on **Network - Prague** 



The Annual Meeting of the Healthy Cities National Networks took place in Prague, 18-20 September. This meeting was jointly arranged with the WHO Regional Office and attended by National Network politicians for the first time. The meeting report was produced by meeting facilitation.

#### 2017 Healthy Cities Annual Business and Technical Conference, 1-3 March 2017 Pécs, Hungary

In March 2017, the staff team participated in and contributed to the scientific programme of the WHO Healthy Cities Network and Network of European Healthy Cities Business and Technical Conference in Pécs, Hungary. Three case studies and a poster were presented on the topics of Child Friendly Places, Capacity Building, Health Literacy and Health Inequalities.

At the Pécs conference, Belfast was announced as the host city for the 2018 WHO International Healthy Cities Conference.

#### **Belfast Ambassador Award**

Belfast Healthy Cities has been awarded with a Belfast Ambassador award by Visit Belfast. The Award was made at a special event in the Titanic Hotel Belfast to celebrate the efforts of over 150 of Belfast and Northern in positively promoting the city as an inspiring place to meet, share ideas, transfer learning and do business.

Environment and Health, Ostrava.



The Sixth Ministerial Conference on Environment and Health was held in Ostrava, Czech Republic, 13-15 June. Organised by the World Health Organization for Europe in partnership with the United Nations Economic Commission for Europe and the the Belfast Secretariat as well as some of the United Nations Environment Programme, the three day event saw 500 representatives from the 53 countries of the European Region, international and nongovernmental organisations meet to track progress and priorities future action on environmental risks to health which culminated in the signing of the Ostrava Declaration.

> The Belfast Healthy Cities Chair, Dr David Stewart and the Health Development Manager. Jonna Monaghan, attended the conference representing the UK Healthy Cities Network, and were invited to participate in one of the conference side events - "Cities and regions: building environmental and social resilience in the context of the global environmental changes" which was organised in partnership with the Lord Mayor of the City of Ostrava; the Governor of the Moravian-Silesian Region; the Czech Healthy Cities Network; the European Committee of the Regions, and the WHO Regions for Health Network.



#### WHO European Healthy Cities Political Vision Group, Cork, September 2017.

In September the WHO European Healthy Cities Network Political Vision Group met Healthy Cities network in Europe and provide improve health of the populations. The event was hosted by the Lord Mayor of Cork, Cllr Tony Fitzgerald, and Joan Devlin was joined by Cllr Brian Heading in representing Belfast with delegates from six Healthy Cities.

The meeting of the group in Cork looked at how healthy cities can support one another, and looked at establishing the best way to challenging issues can be found.

The Political Vision Group was set up by WHO Europe to engage politicians to support



Cities. It provides political input on local level of Healthy Cities. The work of this group helps cities improve their citizens health, and strengthens the effectiveness of the network. The work of this group will be launched next year at the International Healthy Cities Conference in Belfast.

#### 'Well-being for all - equity and health'

Belfast Healthy Cities Chief Executive, Joan Devlin, attended the 'Well-being for all – equity and health' conference organised by the City of Reykjavik and Directorate of Health, Reykjavik. Joan gave a presentation on 'Healthy Cities - Connected for Health' including the experience of Belfast being a healthy city across all six phases since the inception of the European Healthy Cities Network.

Joan also facilitated a further workshop with key staff from the Directorate of Health and City of Reykjavik on the health equity tool developed in Belfast.





#### **New Belfast Health Cities Website**

We have recently launched the new look Belfast Healthy Cities website, which will make it even easier for you to keep up with our work.

Visit us at www.belfasthealthycities.com.



WHO International **Healthy Cities Conference** Belfast, 1st - 4th October 2018

(WHO)

event which is expected to attract over 800 delegates from across the six WHO Global Regions in October 2018.

The 2018 International Healthy Cities Conference will mark the 30th anniversary of the 30th anniversary of the establishment of Belfast Healthy Cities. The main conference venue will be the Waterfront Hall, but it is Belfast Healthy Cities' aim to ensure that it is not confined to one venue, and site visits are being organised which take in all that Belfast has to offer, including a walking, cycling (and maybe even a running) tour, and engagement with our vibrant community and voluntary sector.





The World Health Belfast City Council gave support to the bid Organization to host the event and Belfast Lord Mayor has Nuala McAllister welcomed the successful announced that outcome: "Securing the 2018 International the 2018 WHO WHO Healthy Cities Conference is excellent International news for Belfast. Not only because it will help Healthy Cities us to address health inequalities with our Conference will partners – which is a key pillar of the Belfast take place in Agenda - but also because hosting this Belfast. Belfast conference will result in increased spend in Healthy Cities the city, showcase Belfast as a great place to and its partner organisations will host the visit and do business and further enhance our international connections."

Planning for the conference is underway and a delegation from Belfast Healthy Cities travelled to Copenhagen in September to meet with the WHO delegation, headed the Healthy Cities network and in fact will be by Monika Kosinska, who was joined by Stephanie Brickman, WHO Healthy Cities Communications consultant; Srdan Matic, WHO Europe, Unit Head, Non communicable Diseases and Environment; Francesca Racioppi, Senior Adviser, Environment & Health, Manfred Huber, WHO Coordinator, Healthy Ageing, Disability and Long Term Care, and Porcia Maley, WHO Healthy Cities.

> The Conference website will soon be launched and more details of the conference speakers will be posted over coming months, as well as details on registration.

www.healthycitiesbelfast2018.com



## **Belfast Healthy Cities' Board of Directors**

Dr David Stewart, Chair Dr Karen Casson, Vice Chair Mr Michael Gibbs. Treasurer Dr Bernadette Cullen Ms Justine Daly Mr Neil Dunlop

Prof Geraint Ellis Mr Robin Hawe Dr Elizabeth Mitchell

Mr Nigel McMahon Ms Sharon McNicholl Mr Danny McQuillan

Mr Bryan Nelson Ms Carol Ramsey

Independent Ulster University Different Tracks Global Independent **Urban Villages** Independent

Queen's University Belfast Northern Ireland Housing Executive

Independent Department of Health

Belfast City Council Extern Group

Belfast Health and Social Care Trust Department for Infrastructure

#### Staff Team

Joan Devlin Jonna Monaghan Julie McAllister Anne McCusker Laura McDonald Caroline Scott

Chief Executive/WHO Healthy Cities Secretariat Health and Wellbeing Manager

PA/Office Manager Policy and Projects Officer

Health Development Officer (until September 2017) Support Officer/WHO Healthy Cities Secretariat

#### **Healthy Places Group**

Andrew Grieve Anne Doherty Anne Tohill Barry Smyth Bryan Nelson

Ciaran Donnelly Claire Patterson

Damien Martin

Diane McIntyre Elma Greer

Gary McNeill Gavan Rafferty Geraint Ellis Geraldine McAteer

Joy Hargie Justine Dalv Lillian Hanna

Neil Dunlop Nigel McMahon Paul O'Neill Paul Roberts Rebekah McCabe Robin Hawe

Seamus Mullen Stephen Leonard Tom Reid

Department for Infrastructure Belfast City Council Department for Infrastructure Alzheimer's Society

Belfast Health & Social Care Trust

Department for Communities Belfast City Council Northern Ireland Housing Executive

Public Health Agency Belfast Health Development

Belfast City Council **Ulster University** Queen's University, Belfast West Belfast Partnership Board

Department for Infrastructure Strategic Investment Board Department for Infrastructure Margaret Devlin-Hania Belfast Health & Social Care

Trust Belfast City Council Martina Lundy Independent Department of Health Ashton Community Trust Ashton Community Trust PLACE

> Northern Ireland Housing Executive

Public Health Agency

Belfast City Council Department for Infrastructure

#### **Health Literacy Working Group**

Bernadette Cullen

Louise Hales

Fiona Meenan

Karen Casson Kate Fleck Maresa McGettigan Kathy Martin

Stephanie Tallentire Joan Devlin Anne McCusker

BHC Board Member,

Chair Queen's University

Belfast Belfast Health and Social

Care Trust **Ulster University Arthritis Care** Cancer Focus NI Community Development

Health Network Department of Health Belfast Healthy Cities Belfast Healthy Cities

### **Financial Report**

#### INDEPENDENT AUDITOR'S REPORT

#### to the Members of Belfast Healthy Cities Project Limited

(A company limited by guarantee, not having a share capital)

We have audited the financial statements of Belfast Healthy Cities Project Limited for the year ended 31 March 2017 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Cash Flow Statement, the Accounting Policies and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

#### Respective responsibilities of directors and auditors

As explained more fully in the Statement of Directors' Responsibilities, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practice Board's Ethical Standards for Auditors.

#### Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Directors' Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

#### Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2017 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Directors' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

#### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemption in preparing the Directors' Annual Report.

Mr Robert Barr (Senior Statutory Auditor)

for and on behalf of MULDOON & CO 16 Mount Charles Belfast BT7 1NZ

Date:31 July 2017

**Belfast Healthy Cities Project Limited** 

(A company limited by guarantee, not having a share capital) Company Number: NI031042

#### **BALANCE SHEET**

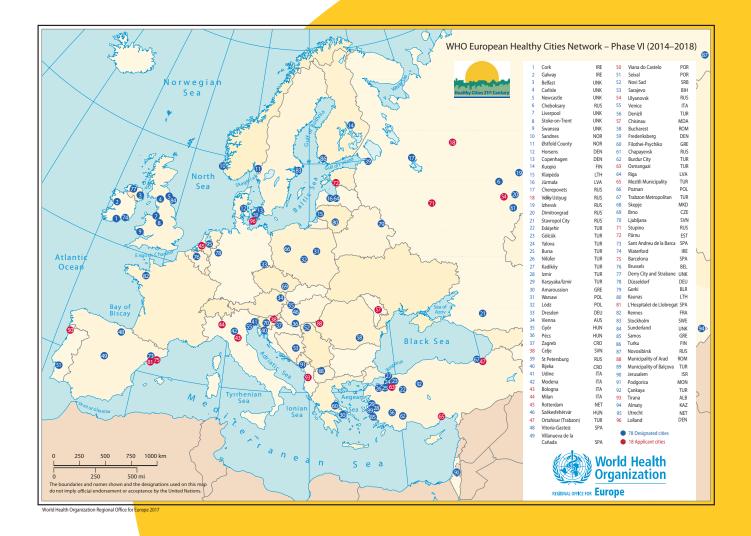
as at 31 March 2017

		2017	2016
	Notes	£	£
Fixed Assets			
Tangible assets	6	3,088	3,009
		·	
Current Assets			
Debtors	7	57,873	66,659
Cash and cash equivalents		279,427	223,535
		337,300	290,194
Creditors: Amounts falling due within one year	8	(63,285)	(54,626)
Net Current Assets		274,015	235,568
			-
Total Assets less Current Liabilities		277,103	238,577
Funds			
Restricted trust funds		5#5	*
Unrestricted designated funds		277,103	82,000
General fund (unrestricted)		948	156,577
Total funds	10	277,103	238,577
			<u> </u>

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Approved by the board and authorised for issue on 31 July 2017 and signed on its behalf by

Daid Stewart



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