

World Health Organization Belfast Healthy City Awards 2019

Promoting
Health
Equity

Healthy
Places

Healthy
Living

Engaging
For
Change

Does your organisation work towards improving the health and wellbeing of the people of Belfast?

The World Health Organization (WHO) Belfast Healthy City Awards 2019 will recognise excellence in improving the health and wellbeing of the people of Belfast. This is a significant opportunity for your organisation to gain recognition for its hard work.

The awards will be made in four categories and are open to the statutory, voluntary, community and private sectors. More information about each category is below.

Full terms and conditions and an application pack are available by emailing awards@belfasthealthycities.com or calling Julie McAllister on 028 9032 8811

This will be the seventh year in which the World Health Organization (WHO) Healthy City Awards have been presented.



Closing Date

5.00pm Monday 28 October 2019

WHO Belfast Healthy City Awards 2019 Categories

Promoting Health Equity

This award will highlight programmes and activities that aim to tackle inequalities in the city including addressing issues such as: socio-economic deprivation; fuel poverty; food poverty; the needs of vulnerable and marginalised groups; health promotion initiatives and tackling age or lifestyle related inequalities.

Applications are encouraged from initiatives that demonstrate health equity is about creating conditions and providing services that enable people of all ages and backgrounds to fulfil their potential.

Healthy Places

This award will be presented to a programme or initiative that has significantly contributed to supporting good health through creating supportive and healthy places for people.

Healthy Places focuses on how planning, the built and natural environment, transport and regeneration affect people's lives, their health and wellbeing and how this shapes disadvantage and inequalities. Applications are encouraged from initiatives that aim to explore and demonstrate how 'people' oriented planning and design can contribute to health and equity, while also supporting the environment and the economy.

Healthy Living

This award will recognise achievement in healthy living; leisure and sporting activities including dance; active and healthy travel including cycling and walking initiatives; volunteering; and heritage and environmental programmes.

Healthy Living focuses on initiatives that encourage and enable people of all ages to live healthier lives and actively participate in society. Applications are encouraged from initiatives that explore and demonstrate how being physically and/or socially active contributes to healthy and cohesive communities as well as good individual mental and physical health and wellbeing.

Engaging for Change

This award will focus on projects or initiatives that work directly with people to empower them to take control of improving their own health and wellbeing. Initiatives will demonstrate active engagement, health literacy and community development processes. They will show how existing assets are used to improve health within the community and are likely to have involved collaboration or partnership approaches.

Programmes could include those that encourage better understanding and use of health systems or increased self-management of conditions, as well as those, which support people to choose healthy lifestyles or improve their living conditions. Applications are also encouraged from initiatives that build capacity and improve leadership for health and wellbeing at a community level.

Post entries to: **Julie McAllister, Belfast Healthy Cities 22-24 Lombard Street Belfast BT1 1RD**

Email entries to: awards@belfasthealthycities.com

Closing Date: 5.00pm Monday 28 October 2019

Finalists from each category may be asked to host a site visit

Awards will be presented at a high profile ceremony in Belfast on Tuesday 10 December 2019