



Belfast Healthy Cities Snippets

Issue 1 February 2012

Welcome to the first 'Snippets' from Belfast Healthy Cities. The aim of 'Snippets' is to provide a monthly round up of links to local, national, European and World Health Organisation news, events, and other on-line resources relating to health, wellbeing, and inequalities.

We hope you find the information useful and welcome your feedback. If you have any comments or suggestions contact suzanne@belfasthealthycities.com

Congratulations to the newest WHO Healthy City, Cork, Ireland.

[More about World Health Organization Healthy Cities](#)

Lecture: Planning and design as if people really mattered

Monday 20 February 2012 Plymouth University

Hugh Barton is Professor of Planning, Health and Sustainability and a Director for 'Healthy Urban Environments', delivering a key role for the World Health Organisation's European Healthy Cities network. The lecture can be followed on twitter: [#plan4health](#)

<http://www.plymouth.ac.uk/pages/dynamic.asp?page=events&eventid=6664&showevent=1>

Seminar: Volunteering and Quality of Life

Tuesday 21 February 2012 Belfast

This seminar will discuss the impact of volunteering on quality of life, including the relationship between volunteering and subjective well being. <http://www.volunteernow.co.uk/news/item/118/the-impact-of-volunteering-on-quality-of-life>

6th Child in the City Conference Zagreb, Croatia

The main themes of the conference which takes place **26-28 September 2012** are: health, play, children's rights and intergenerational development. A call for abstracts and poster presentations under the theme of intergenerational development has been extended until **29 February 2012**

<http://childinthecity.com/Conference/page/6099>

Consultation: Building an Active Travel Future for Northern Ireland

Closing Friday 9 March 2012

The aim of this high level strategy for active travel is to set out the framework to help people choose more sustainable and active transport modes such as walking and cycling for shorter everyday journeys and link to public transport for longer trips <http://www.drdni.gov.uk/index/publications/publications-details.htm?docid=7723>

Climate Change Risk Assessment

The UK Climate Change Risk Assessment (CCRA) was published on 25 January 2012; it is the first assessment of its kind for the UK and the first in a 5 year cycle.

Website

<http://www.defra.gov.uk/environment/climate/government/risk-assessment/#other>

Northern Ireland Specific information

http://www.doeni.gov.uk/index/protect_the_environment/climate_change/uk_climate_change_risk_assessment.html

Climate and Health Council

Happy New Year Climate and Health-ers! We're kicking off 2012 with lots of excitement, action and plotting... March, that lovely month where winter becomes spring, is going to be a biggie for action on health and sustainability, and the planning is well underway! The AGM, Climate Week, and NHS Day of Action for Sustainability will all take place, the Climate and Health Council outlines what you can do:

<http://us2.campaign-archive1.com/?u=feed1c7dd21be87163f154aad&id=fbf034b8bd&e=b0110afa9e>

The report of the United Nations Secretary-General's High-level Panel on Global Sustainability

Resilient People, Resilient Planet: A future worth choosing was published in January 2012 and details global progress towards sustainable development, making recommendations about how to empower people to make sustainable choices and the development of a sustainable economy.

http://www.un.org/gsp/sites/default/files/attachments/GSPReport_unformatted_30Jan.pdf

Healthy Places

NEW Resources Page: Healthy Places is pleased to announce the launch of its new *Resources* page. This page is located in the *Member's Area*, behind log-in, and provides up-to-date information through the National Heart Forum's public health Information Services. Links to the latest news, latest resources, and essential reading highlight the broader public health discussion and policy environment around prevention and the built environment. Additional information can be found by linking to the NHF's Information Service's home. <http://www.healthyplaces.org.uk/>

Living Streets

Living Streets is the UK wide charity that 'stands up for pedestrians'. Watch the short film 'Our Living Streets' to find out how we've been helping local communities across England create safe, vibrant streets and spaces and get more people out walking. <http://www.livingstreets.org.uk/>

Sustrans – smarter travel choices

January Newsletter - New evidence in favour of walking and cycling <http://sustrans-info.org.uk/6EB-NVTV-32MOV71A9/cr.aspx>

UK Healthy Cities Network

The [UK Healthy Cities Network](http://www.healthycities.org.uk/) has published two new documents explaining the work of the network and profiling individual member cities, including Belfast.

http://www.healthycities.org.uk/healthy_cities_brochure/index.html#/36/

http://www.healthycities.org.uk/UK_Healthy_Cities_Network_Information_Booklet.pdf

World Health Organization

Bulletin of the World Health Organization February 2012 <http://www.who.int/bulletin/en/>

WHO Regional Office for Europe Website: <http://www.euro.who.int>

Follow the World Health Organization on Twitter

WHO: [@WHO](https://twitter.com/WHO) WHO Regional Office for Europe: [@WHO_Europe](https://twitter.com/WHO_Europe)

Eurocities

Belfast is a member of Eurocities, a network of over 140 large cities across more than 30 European countries. Working on the priorities of [climate](#), [economy](#) and [inclusion](#); the organisation facilitates thematic forums, working groups and projects, activities and events, offering members a platform for sharing knowledge and exchanging ideas. <http://www.eurocities.eu/> or follow on twitter [@EUROCITIESweet](#)

UK Wellbeing Statistics

The second phase of the Office of National Statistics initiative to measure the UK's wellbeing has concluded. The latest update of data, which includes information on quality of life and the natural environment, will be available on Wednesday **29 February**. Further information on the study is available at <http://www.ons.gov.uk/ons/guide-method/user-guidance/well-being/index.html>

EURO-URHIS2 European Urban Health Indicators System Part 2

Urban health monitoring and analysis System to inform policy www.urhis.eu

Healthy Ageing

The population in the WHO European Region is ageing rapidly: its median age is already the highest in the world. World Health Day on 7 April 2012 will focus on ageing and health and a range of information is available <http://www.euro.who.int/en/what-we-do/health-topics/Life-stages/healthy-ageing>

European Year for **Active Ageing**
and **Solidarity between Generations 2012**



This year has also been designated as European Year for Active Ageing and Solidarity between Generations by the European Union. Events will take place during the year throughout Europe. <http://europa.eu/ey2012/>

In support of the 2012 European Year for Active Ageing and Solidarity between Generations, EuroHealthNet, a WHO partner, has launched its new website: <http://www.healthyageing.eu/>.

Belfast Healthy Cities

Our vision is of a healthy, equitable and vibrant city where all sectors provide individual and shared leadership, enabling citizens to achieve their full potential.

Our mission is, through our leadership and innovation, to inspire and utilise the collective and individual strengths of partners to *deliver the World Health Organisation European Healthy City Phase V (2009-2013)* goals and requirements and maximise their impact on health and inequalities.

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