**Healthy Places, Healthy People**

**Mental Wellbeing**

**Wednesday 23 November 2016**

**NICVA, 61 Duncairn Gardens, Belfast BT15 2GB**

The built environment can contribute to mental wellbeing, or affect other risk factors for poor mental wellbeing. This seminar will explore how the built environment shapes wellbeing, and will focus on ways in which planning can help create environments that support positive mental wellbeing. It will also consider the ways in which local communities can help inform and guide this process.

**09.30 Registration**

**10.00 Welcome**

*Peter Kelly, Chair, North Belfast Partnership*

**10.05** **Introduction: Place and mental wellbeing**

*Jonna Monaghan, Health and Wellbeing Manager, Belfast Healthy Cities*

**10.20 How does ‘place’ shape mental health and wellbeing?**

*Dianne Keys, Green Gym Project Manager, The Conservation Volunteers*

**10.40 Questions and discussion**

**10.50 Ligoniel Healthy Living Centre**

*Damien McCallin, Horticulturist, Ligoniel Healthy Living Centre*

**11.10 Questions and discussion**

**11.20 Tea and coffee**

**11.40 Pro Social places**

*Professor Rhiannon Corcoran & Graham Marshall, Prosocial Place, Liverpool*

**12.10 Questions and discussion**

**12.20** **Close**

*Peter Kelly, Chair, North Belfast Partnership*

**12.30**  **Lunch**