

The State of our Health Addressing Inequalities

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21 Jan 2008

Health & Well-being

- The landscape
 - Big challenges
 - Impact deprivation
- Response
- Progress?

The Big Challenges

- Killers & chronic diseases
- Demographic / social trends
- Lifestyle issues
- Tackling inequalities

Killers & Chronic Diseases

The Killers

- Cardio-vascular disease
- Cancer
- Respiratory disease
- Suicide

Chronic Diseases

- Diabetes
- Respiratory
- Cardiovascular
- Mental health
- Musculo-skeletal
- Cancer

Demographic / Social Trends

■ Ageing population

■ Migrant workers

■ Birth rates

Migrant workers

■ Births

-1400 births to women born outside UK/NI (2006)

Births

- 38% births - outside marriage NI (58% Belfast)
- 1400 births to teenage mothers (2006)
- Teenage births ↓ 20% since 1999

The background is a dark blue gradient with several diagonal lines of varying shades of blue, creating a sense of depth and movement. The lines are most prominent on the right side and fade towards the left.

Lifestyle

Lifestyle Issues

- Smoking

- Obesity

- Alcohol & drug misuse

- Sexual health

Smoking - Scale

- 25% adults smoke
- 17% girls smoke (11 – 16yrs)
- 88,000 smokers (11 – 16 yrs)

Obesity / overweight - Scale

- 20% PI

- 40% 11 – 15 year olds

- Greatest rate of increase in Europe

Alcohol misuse – Scale

1:10 drinkers highly likely to have drinking problem

= 60,000 – 90,000 adults

Drug misuse – Scale

- 3,300 opiate/problem cocaine users
- 1/3 young people offered drugs/solvents
- Age starting 12.5 years

Emerging Priorities

Infectious diseases

- MRSA / C Difficile

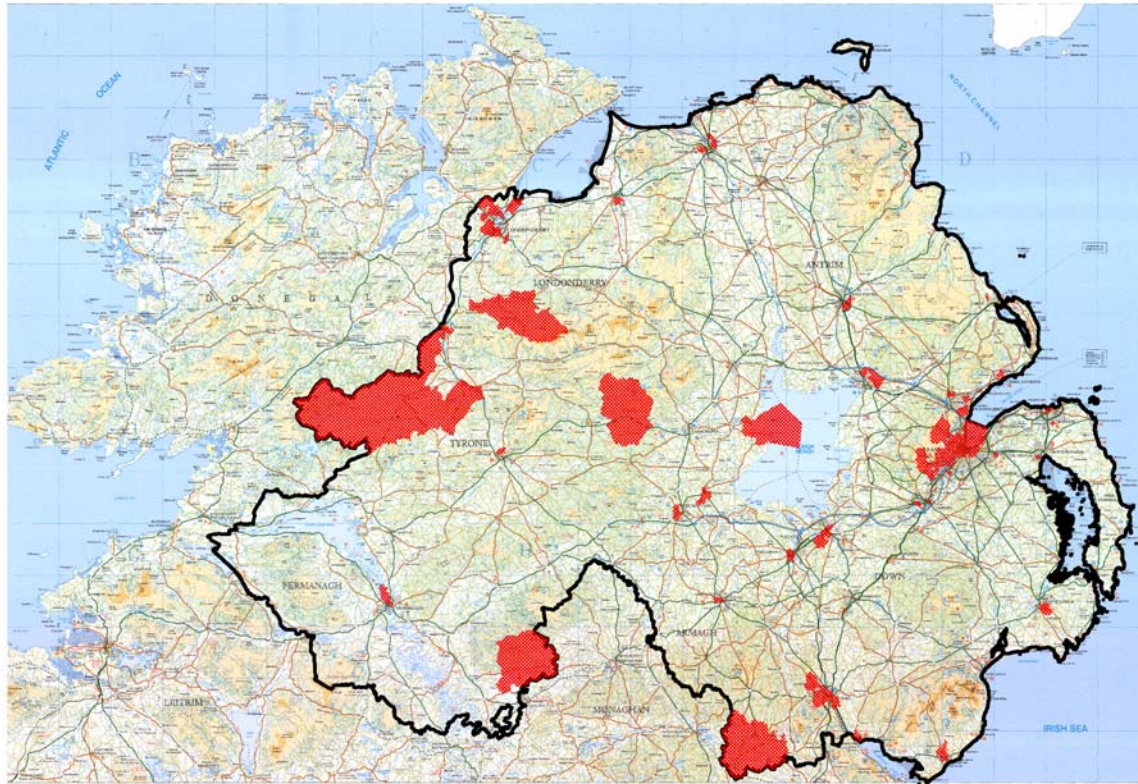
- Avian / Pandemic flu

- STDs / HPV / HIV

Impact of Deprivation

Tackling Health Inequalities

20% most deprived areas in Northern Ireland



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20% most deprived areas NI v NI average (2006)

- 40% more likely to die
- 80% higher rate teenage births
- 125% higher rate attempted suicide (M)

Lifestyle / Smoking

■ Unskilled women = X 3 likely to smoke

■ Unskilled men = X 2 likely to smoke

As professional grades

Scale of Poverty in Children- UK

- 25% NI (100,000+)
- 10% NI (44,000) - severe poverty
- 22% England
- 22% Scotland
- 24% Wales

Dr Harry Burns - CMO Scotland

- Early life circumstances – distinct biological effects
- Risk of death – levels of hopelessness

Action on poverty & Inequalities

Policy & Strategy

Investing for Health (DHSSPS 2002)

Anti-Poverty Strategy (OFMDFM 2006)

Our Children & Young People - Our Pledge"
(OFMDFM 2006)

Policy & Strategy

- | | |
|---------------------------------|------|
| ■ Working for Health | DETI |
| ■ Ending Fuel Poverty | DSD |
| ■ Accessible Transport Strategy | DRD |
| ■ Neighbourhood Renewal | DSD |

Inter-sectoral partnerships

- Belfast Healthy City
- Health Action Zones
- Investing for Health
- District policing partnerships
- Supporting People - Housing executive

Progress / Outcomes?

Narrowing the Gap? 2001-6

20% most deprived

Vs

N Ireland average

Gap reduced

- √ Births to teenage mothers
- √ Infant mortality
- √ PYLL (dying young)
- √ Suicide

Gap reduced

Cancer death rates

- from 36% to 24%

Cancer incidence rates

- from 20% to 12%

Lung cancer incidence rates

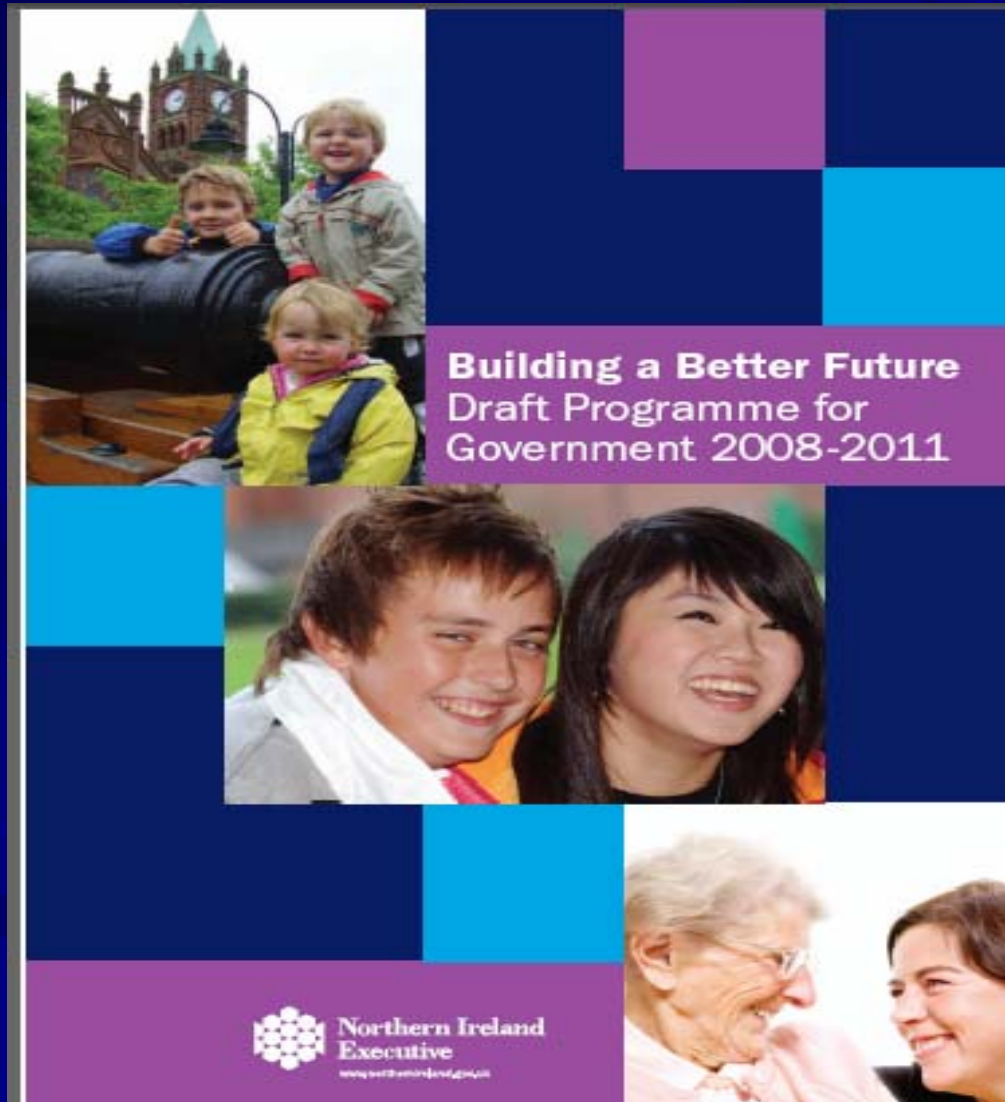
- from 82% to 71%

Narrowing the Gap?

- X Life expectancy
- X Deaths heart disease
- X Deaths lung disease
- X Mental health / anxiety

Our Future?

Programme for Government 2008-2011



Increased Awareness

- Impact deprivation/ poverty on health
- Need for intervention early- children
- Need for joined up action
- Importance of community engagement

Programme for Government

- Free transport 60 yrs+
- £10m rural social exclusion & poverty
- £500m regenerating disadvantaged neighbourhoods
- Training camps – Olympics/ paralympics

Programme for Government

■ Targets

- Child poverty to fall by 50% by 2010
to be eliminated by 2020
- 125,000 children to participate in sport by 2011

Summary- Health Status

■ Health problems

- Killers / chronic diseases
- Demographic change
- Lifestyle
- Impact poverty / deprivation

Summary- Action

- Policies & Strategies

- Partnerships

Summary – the gap now

- Some areas improvement
- A long way to go

Opportunities

■ New Assembly

- Building strong economy
- PfG

■ New Structures RPA

- Build focus within our own organisations
- Collaborate across boundaries

Long haul issue needing

- Profile
- Policy
- Funding
- Targeting
- Evidence of what works

It needs you

