## **Shaping places for healthy lives (including WHO Belfast Healthy Cities Awards)**

Date: 16 December 2015 Time: 12:15 – 4:30

**Venue: Hilton Hotel, Belfast** 

The places we live in shape our everyday lives, and shape our health and wellbeing. A positive environment supports strong, safe communities, contributes to mental wellbeing and encourages active lifestyles.

This seminar is an opportunity to explore how place making can effectively support health and wellbeing, and how urban design can help create healthy places. It will provide an opportunity to learn from leading international practice as well as local initiatives.

The seminar is targeted at policy and decision makers in sectors including local government, health and regeneration, but will also be of interest to architects and designers across sectors.

## 12.15 Registration and lunch

#### 1:00 Welcome

Session chair: Nigel McMahon, Chair of Belfast Healthy Cities

#### 1.05 Welcome address

VIP

### 1.15 Keynote address: Planning cities for people

Leo Kosonen, Finland – author and former Chief Planner of the City of Kuopio

## 1.55 Questions and discussion

**2.10** WHO Belfast Healthy Cities Awards: Award ceremony – Lord Mayor of Belfast, Councillor Arder Carson

### 2.45 Tea/coffee

Session chair: Phil Williams, Director of Planning and Place, Belfast City Council

# 3.15 Workshops

# 3.55 A Place Standard for Scotland – Promoting high quality design and place making

Sandy Robinson, Principal Architect, Scottish Government, Planning and Architecture Division

#### 4.15 Questions and discussion

# **4.30** Closing remarks: Shaping places for healthier lives – Belfast Phil Williams, Director of Planning and Place, Belfast City Council

### 4.35 Close









# Workshops

**Purpose:** To give participants an opportunity to explore local practice and local opportunities for shaping places for healthier lives

Workshop 1: How design can support health and wellbeing

Facilitators: Justine Daly, MAG Expert Advisor

Jonna Monaghan, Belfast Healthy Cities

This workshop will focus on exploring ideas and approaches to how planning and design can help create healthy places. An initial presentation will give an overview of issues, as a starting point for discussion.

Workshop 2: The opportunities of meanwhile use

Facilitators: Joan Devlin, Belfast Healthy Cities

Richard Rogers, Groundwork

This workshop will explore the opportunities of meanwhile use of land awaiting development. A case study will provide the basis for discussion on how the potential of meanwhile use could most effectively be realised.

Workshop 3: Civic stewardship - places for all

Facilitators: Arthur Acheson, Chair, Ministerial Advisory Group for Architecture and

the Built Environment (MAG)

Marianne O'Kane Boal, Expert Advisor, MAG

Workshop 4: Walkability assessment of local neighbourhood

Facilitators Neil Dunlop, Independent member of Belfast Healthy Cities Board of

Directors; Chair, RTPI Northern Ireland Committee (tbc)

Anne McCusker, Belfast Healthy Cities

This workshop is built around a 10-15 minute walk in the surroundings of Hilton Hotel and aims to provide an opportunity to assess walkable elements in the environment, utilising an assessment tool developed by Belfast Healthy Cities. The walk will be followed by discussion.







